

**TEACHERS COLLEGE**  

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**COLUMBIA UNIVERSITY**

**ACADEMIC CATALOG 2018-2019**

**DEPARTMENT OF COUNSELING AND CLINICAL  
PSYCHOLOGY**

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# Counseling & Clinical Psychology

## Contact Information

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## Mission

The Department of Counseling and Clinical Psychology prepares students to investigate and address the psychological needs of individuals, families, groups, organizations/institutions, and communities. Counseling Psychology focuses on normal and optimal development across the lifespan, with particular attention to expanding knowledge and skills in occupational choice and transitions and multicultural and group counseling.

Clinical Psychology provides rigorous training in both contemporary clinical science and intervention. Increasingly, both aspects of this training have been focused on the needs of at-risk children and adolescents. The clinical component of the program reflects an ongoing psychodynamic tradition with additional opportunities for training in other theoretical models.

Thus, students in this department are trained to become knowledgeable and proficient researchers, to provide psychological and educational leadership, and to be effective practitioners. Specifically, graduates from these programs seek positions in teaching, research, policy, administration, psychotherapy, and counseling.

# Psychology in Education

Department of - Counseling & Clinical Psychology

## Contact Information

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**Director:** Dr. Aurélie Athan

## Program Description

The Master of Arts degree in Psychology in Education is designed to provide students with a foundational knowledge of psychopathology, treatment theories, and research methods.

The program is appropriate both for students who have obtained undergraduate degrees in Psychology and for those with a more limited background in the field. Students will have the opportunity to develop the critical thinking skills needed to interpret scientific knowledge, to review traditional and contemporary treatment models, to engage in innovative research, and to seek out fieldwork opportunities throughout New York City.

Students can choose one of two available tracks, both within the Psychology in Education program: Personality and Psychopathology (MA-PSYA) or General (MA-PSYG). The PSYA track is a structured curriculum that consists of pre-selected blocks of coursework to ensure a strong background in the fundamentals of applied psychology. The PSYG track consists of the same course offerings but allows students to independently tailor their own curriculum. Within the PSYG major is the option to take the majority of classes in various areas of interest, including Research Methods; Child and Family; Spirituality Mind Body; Community Psychology and Mental Health Services; Psychotherapy and Psychoanalytic Perspectives; Global Mental Health and Trauma; and Sexuality, Women, and Gender. Both tracks prepare graduates to become familiar with the multiple avenues available to them in applied psychology and will be prepared to confidently pursue higher education or employment in mental health settings.

During their tenure, students are closely guided by the Masters Program advisors. Advisors help to clarify students' academic goals, to gauge progress, and to assist with their professional development.

Graduates of this academic M.A. program are not trained for the independent practice of psychotherapy or psychological assessment. However, with a Master of Arts degree, graduates may find employment in research centers, social service agencies, non-profits, community colleges, and hospitals. Completion of the M.A. degree does not guarantee admission to a doctoral program, here or elsewhere, but outstanding students are likely to be more attractive candidates.

## Degree Summary

Two Tracks:

General Psychology (PSYG)

- Master of Arts (M.A.)

Students may take the majority of their courses in the following areas of interest:

- Research Methods
- Child and Family
- Spirituality Mind Body,
- Spirituality Mind Body, Summer Intensive (summer required, distance learning in between)
- Spirituality Mind Body, Summer Intensive (year round in person required)
- Community Psychology and Mental Health Services
- Psychotherapy and Psychoanalytic Perspectives
- Global Mental Health and Trauma
- Sexuality, Women and Gender

Personality and Psychopathology (PSYA)

- Master of Arts (M.A.)

For a complete listing of degree requirements, please continue on to this program's "Degrees" section in this document

# Degree Requirements

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## Master of Arts in Psychology in Education Degree (36 points)

The programs for the Master of Arts (M.A.) degree in Psychology in Education require 36 points of coursework and a Special Project. The General Track requires 18 points of coursework from any of the classes offered within the Clinical Psychology program (CCPX). The Personality and Psychopathology Track is built around a 24-point core of courses in Clinical Psychology (CCPX). Degree requirements may be completed on a full-time basis in a calendar year (two semesters plus one or two summer sessions at the end), one year and one semester, or the equivalent in part-time study. Many students prefer to remain in the M.A. program for more than one academic year. Students may take up to five years to finish the program. For students taking the majority of their courses in Spirituality Mind Body they may choose to enter during either the fall semester or summer semester. If they enter during the summer session there are two routes; one is to stay year round (summer, fall, spring, and summer), and the other is to come for summer, taking distance-learning outside of the summer sessions (summer, fall, spring, summer, and fall). More information can be found on the following website: <http://www.tc.columbia.edu/ccp/clinical/sbmi/>.

In addition to the courses taken within the Program in Clinical Psychology, M.A. students in both program tracks must satisfy the College breadth requirement. This consists of completing three Teachers College classes (2-3 credits each) outside of the Counseling and Clinical Psychology Department (CCPX or CCPJ). The remaining points may be taken as electives within the department, within TC, or within the Columbia University campus at large.

Transfer credits from courses taken outside of Teachers College are not accepted toward any M.A. program at Teachers College.

The degree is 36 credits in total made of 18 or 24 credits within the CCPX department, plus the breadth requirement of three (2-3 credit) courses outside of CCPX/CCPJ but within TC. Any remaining elective credits can be satisfied using graduate courses from anywhere in TC or Columbia University (including the Health Sciences campus).

All students matriculating in the M.A. Program are given a copy of the Student Handbook for the specific academic year in which they matriculate. The Handbook outlines these requirements in detail.

The Curriculum:

### **General Psychology Track** (36 points total and Special Project)

Required Clinical Courses (18 points):

- Students take 18 points of any master's-level (typically 4000- and 5000 level) courses in the Clinical Psychology (CCPX) program plus the three-course breadth requirement.
- Students are required to complete a Special Project.
- Certain classes may be restricted to doctoral students only. Please refer to the course schedule to determine which courses are open to M.A. students.

### **Personality and Psychopathology Track** (36 points total and Special Project)

A. Required Clinical Courses (24 points):

#### **I. Foundations (12 points)**

- CCPX 4000 Introduction to applied psychology (3)
- CCPX 5032 Adult personality & psychopathology (3)

- CCPX 5034 Child psychopathology (3)
- CCPX 5533 Research methods in clinical psychology (3)

## II. Applications & Populations (6 points)

- CCPX 4037 Introduction to cognitive behavior therapy (3)
- CCPX 4038 Comparative psychotherapies (3)
- CCPX 4040 Introduction to psychological testing and assessment (3)
- CCPX 5045 Psychotherapy, religious diversity, and spirituality (3)
- CCPX 4542 Introduction to contemporary psychoanalytic thought (3)
- CCPX 5033 The evolution of Freud's psychological theories (3)
- CCPX 4032 Assessment and treatment of alcohol and chemical dependency (3)
- CCPX 4060 The psychology of loss and trauma (3)
- CCPX 4125 Women and mental health (3)
- CCPX 4150 Introduction to forensic psychology (3)

## III. Specializations & Innovations (6 Credits)

- CCPX 4010 Social problems for clinical psychologists (3)
- CCPX 4036 Psychology of human intimacy (3)
- CCPX 4039 Critical perspectives on non-traditional psychotherapies (3)
- CCPX 4120 Psychotherapy through fiction and film (3)
- CCPX 4126 The mother-child matrix: Developmental and clinical implications (3)
- CCPX 4230 Fieldwork in applied psychology (3)
- CCPX 4030 Psychology of adjustment (3)
- CCPX 5020 Emotion, culture, and health (3)
- CCPX 5532 Clinical issues: Families from diverse backgrounds (3)
- CCPX 5040 Development and psychopathology: Atypical contexts and populations (3)
- CCPX 5546 Research perspectives on critical social problems (3)

### Breadth Requirement for PSYA and PSYG tracks (6 points minimum)

Regardless of track, 6 points of out-of-department courses (not CCPX and CCPJ) are required. This is a TC-wide policy and cannot be waived. The suggested course listing outside of the Department of Counseling and Clinical Psychology is not comprehensive. Please see TC catalog for full list of courses outside the department.

#### 1. Research Methods

- HUD 4120 Methods of empirical research (3)
- ORLJ 4009 Understanding behavioral research (3)

#### 2. Statistics

- HUDM 4122 Probability and statistical inference (3)
- HUDM 5122 Applied regression analysis (3)

#### 3. Suggested courses

- HBSK 4073 Childhood disorders (3)
- HBSK 4085 Behavioral management in the classroom (3)
- HBSK 5031 Family as a context for child development (3)
- HBSS 4110 Health promotion for children and adolescents (3)
- HBSS 4112 Social policy and prevention (3)
- HBSS 4113 Human sexuality education (3)
- HBSS 4117 HIV/AIDS epidemiology and education (3)
- HBSS 4121 Death education (3)
- HBSS 4122 Women's health (3)

- HUDK 4015 Psychology of thinking (3)
- HUDK 4021 Developmental psychology: Infancy (3)
- HUDK 4022 Developmental psychology: Childhood (3)
- HUDK 4023 Developmental psychology: Adolescence (3)
- HUDK 4024 Developmental psychology: Adulthood/Lifespan (3)
- HUDK 4029 Human cognition and learning (3)
- HUDK 4080 Educational psychology (3)

\*The Program Coordinator or the M.A. Program Assistants are available for consultation about course selection and about the Special Project.

*\*Please note:* Clinical required and elective 'topics' courses (CCPX 4199) change each year. Information about these courses can be found in the M.A. Handbook, but not in the Teachers College Catalog.

# Application Information

At least one of the two required letters should be an academic reference. The GRE is recommended but not required.

Applications are considered for Fall admission only, with the exception of the Spirituality Mind Body Summer Intensive (as part of the MA-PSYG program). All admissions materials must be received by the early or final deadlines as advertised by the College. For information on application deadlines, see the Admissions section of this catalog.

## Faculty List

### Faculty

GEORGE A. BONANNO  
Professor of Clinical Psychology

LISA JANE MILLER  
Professor of Psychology and Education

BARRY A. FARBER  
Professor of Psychology and Education

HELEN VERDELI  
Associate Professor of Psychology and Education

ELIZABETH MIDLARSKY  
Professor of Psychology and Education

### Adjunct

PHILLIP BLUMBERG  
Adjunct Associate Professor of Psychology and Education

SAMUEL MENAHEM  
Adjunct Associate Professor of Psychology and Education

EDITH MAUREEN COOPER  
Adjunct Associate Professor of Psychology and Education

NANCY E. NEREO  
Adjunct Associate Professor of Psychology and Education

NANCY JO EPPLER-WOLFF  
Faculty Coordinator for SBMHC Project Clinical Psychology

ELIZABETH ANN OWEN  
Adjunct Associate Professor of Psychology and Education

ISAAC ROBERT GALATZER-LEVY  
Adjunct Assistant Professor of Psychology and Education

DINELIA ROSA  
Director

JESSE GELLER  
Adjunct Professor of Psychology and Education

RUTH T ROSENBAUM  
Adjunct Assistant Professor of Psychology and Education

SHAMIR A. KHAN  
Adjunct Associate Professor of Psychology and Education



## Course List

### **CCPX 4000 Introduction to applied psychology**

This course is designed to provide an introduction to multidisciplinary approaches to mental health including clinical psychology, school psychology, and pediatric psychology.

### **CCPX 4010 Social problems for clinical psychologists**

Psychological perspectives on social problems such as eating disorders, domestic violence, AIDS and HIV infection, and mental health in late life.

### **CCPX 4030 Psychology of adjustment**

Healthy and pathological adjustment throughout the lifespan: stress, defense mechanisms, and coping.

### **CCPX 4032 Assessment and treatment of alcohol and chemical dependency**

Overview of the clinical principles governing assessment and treatment of addictive disorders; stages of addiction; issues of comorbidity; resistances to treatment.

### **CCPX 4035 Personality and behavior change**

Seminar covering the major theories of personality; mechanisms of behavioral change. This course will provide an introduction to the classic psychological theories of personality by considering the contributions of some of the great creative thinkers in this field including Freud, Jung, Horney, Maslow, Rogers, Erikson, Allport, Cattell, and Skinner.

### **CCPX 4036 Psychology of human sexuality**

This course teaches issues related to human sexuality, emphasizing the psychological perspective, while including biological, social, and cultural factors. We will address how to apply information about human sexuality to education, counseling, and therapy. Some topics include sexual development from childhood to adulthood, sexual orientation, gender identity, sexual health, reproduction, sexual behaviors and lifestyles, sexual dysfunction, sexual victimization, and more.

### **CCPX 4037 Introduction to cognitive behavior therapy (CBT)**

Overview of the essential principles and techniques of CBT for mood and anxiety disorders.

### **CCPX 4038 Comparative psychotherapies**

Survey and analysis of representative psychotherapies in current practice: psychoanalytic, neo-Freudian, Gestalt, Jungian, client-centered, existential, behavior therapy, and others.

### **CCPX 4039 Critical perspectives on nontraditional psychotherapies**

Overview and evaluation of nontraditional treatment approaches including existential, Jungian, spiritually-oriented, holistic, and transpersonal psychotherapies, Ericksonian hypnosis, and Eastern-oriented models.

### **CCPX 4060 The psychology of loss and trauma**

Focus on how humans cope with significant losses and trauma: historical developments, recent empirical advances, cross-cultural variations, and clinical and social implications.

### **CCPX 4120 Psychotherapy through fiction and film**

Psychotherapy, the therapist, and psychopathology as reflected in current fiction and film.

### **CCPX 4125 Women and mental health**

Examination of a range of theories of women's psychological development, interpersonal experience and social roles, as well as the intersection of women's biology and health with psychological status.

### **CCPX 4126 The mother-child matrix: Developmental and clinical implications**

The mother-child relationship: Implications for development and influence on clinical theory and practice, focus on theories of parenting, ruptures in the relationship and therapy with mothers and children.

### **CCPX 4150 Introduction to forensic psychology**

The practice and application of forensic psychology to medical-legal problems and nomenclature in diagnosis, evaluation, assessment, treatment, and testimony regarding criminal behavior,

psychopathology, and civil, family, and criminal law.

**CCPX 4230 Fieldwork in applied psychology**

Supervised practice in field placements for M.A. students in applied or general psychology.

**CCPX 4542 Introduction to contemporary psychoanalytic thought**

Examination of current psycho-dynamic ideas, including object relations theory, self-psychology, theories of narcissism, borderline pathology, and the nature of the therapeutic relationship.

**CCPX 4900 Research and independent study**

Permission required.

**CCPX 5020 Cognition, Emotion, and Culture**

This course covers the impact of overwhelming emotions on human health and self-regulatory responses. The role of culture in these responses is explored, as well as historical context and theoretical perspectives.

**CCPX 5030 Ethical and professional issues in clinical psychology**

Limited to doctoral students in clinical psychology. Orientation to program and field; ethical and professional issues.

**CCPX 5032 Adult psychopathology**

Major clinical disorders of adulthood viewed from clinical and research perspectives; current issues in diagnosis and treatment.

**CCPX 5033 The evolution of Freud's psychological theories**

Intensive examination of selected psychological works of Sigmund Freud from 1892 to 1940, focusing on theoretical innovations, modifications, and elaborations.

**CCPX 5034 Child psychopathology**

Major clinical syndromes of childhood and adolescence viewed within the context of normal development. Consideration of various theoretical, diagnostic, etiological, and therapeutic viewpoints.

**CCPX 5036 Clinical work with diverse populations**

Permission required. An experiential seminar for practicum students in Clinical and Counseling Psychology who are working with clients different from themselves.

**CCPX 5037 Dynamic psychotherapies**

Limited to doctoral candidates in clinical psychology.

Theories of psychodynamic psychotherapy, including ego psychology, object relations, self psychology, and relational. Emphasis on the interplay between theory and clinical practice.

**CCPX 5038 Cognitive, behavioral, and interpersonal therapies**

Open to doctoral candidates in psychology, others by permission. Introduction to theory and technique underlying treatment within the following modalities: Cognitive, Behavioral, Interpersonal, and Short-Term Psychodynamic. The course will explore the application of these various treatment approaches to a range of disorders including depressive disorders, anxiety disorders, OCD, and schizophrenia.

**CCPX 5039 Empirical bases of psychotherapy**

Open to doctoral candidates in psychology; others by permission. (Prerequisite: CCPX 4038). Analysis of research efforts concerned with investigating the process and outcome of psychotherapy. Emphasis on client, therapist, and system variables that contribute to the probability of therapeutic success.

**CCPX 5040 Development and psychopathology: Atypical contexts and populations**

Using contemporary research as the basis, the focus is on the interface between classical developmental psychology theories and patterns of development identified in atypical contexts (e.g., poverty) and among atypical populations (e.g., resilient youth). Implications for interventions and policy are also discussed.

**CCPX 5045 Psychotherapy, religious diversity, and spirituality**

This course will focus on the role of religion and spirituality in psychotherapy. Research, theory and case material will be used to clarify healing dimensions of religion and spirituality. Discussion will

focus on a re-examination of models of psyche and goals of treatment.

### **CCPX 5102 Research and clinical applications of DSM-IV**

Diagnostic, clinical, and research applications of the DSM-IV; ethical, cultural, and gender issues in the diagnostic process.

### **CCPX 5110 Research apprenticeship**

Permission required. Involvement as a research extern in community agencies or as a research assistant to departmental faculty.

### **CCPX 5230 Fieldwork in clinical psychology**

Limited to doctoral candidates in clinical psychology. Supervised practice in field placements.

### **CCPX 5330 Principles and techniques of clinical assessment**

Limited to doctoral candidates in clinical, counseling, and school psychology. Theory and practice of psychological testing; focus on cognitive assessment.

### **CCPX 5333 Practicum in Clinical Supervision and Consultation**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5334 Practicum: Clinical work with children and adolescents**

Limited to doctoral candidates in Clinical, Counseling, and School psychology. Psychological assessment of children and adolescents, including interviewing techniques, observational methods, and psychodiagnostic testing.

### **CCPX 5531 Psychotherapy with children**

Open to doctoral students in psychology; others by permission. Introduction to contemporary models of child psychotherapy. Emphasis will be upon a comparison of the theoretical foundations and techniques across paradigms.

### **CCPX 5532 Clinical issues: Children from Diverse Backgrounds**

Focus on current research on risk and resiliency factors developed from within epidemiological, social, and intra-psychic perspectives. Research findings are considered within the context of theories of development.

### **CCPX 5533 Research methods in clinical psychology**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5534 Research Methods in Clinical Psychology**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5535 Research practicum in clinical psychology**

Permission required. Supervised research in clinical psychology.

### **CCPX 5539 Clinical assessment: The interview**

Doctoral students in Clinical, Counseling, School Psychology, speech and hearing, learning disabilities, special education, and pre-doctoral students providing intake services at the Dean Hope Center. Introductory didactic and practice seminar in clinical interviewing.

### **CCPX 5544 Cross-cultural issues in psychopathology, resilience and coping**

Examination of pathology and resilience in the context of cultural patterns of coping with developmental lifetasks and reactions to stress.

### **CCPX 5546 Research perspectives on critical social problems**

Open to master's and doctoral students. Exploration of research based upon the interface of social and clinical psychology and development projects. Topics include eating disorders across the lifespan, altruism and mental health, coping with the aftermath of genocide, terror, personal growth in the wake of trauma, and effects of disability on the individual and family.

### **CCPX 5610 Clinical psychology colloquium**

Clinical faculty and guest speakers. Permission required.

**CCPX 5630 Case conference**

Permission required. Corequisite: CCPX 5333, CCPX 6335, CCPX 6336, CCPJ 5360, CCPJ 6360, or CCPJ 6364. For practicum students in the Dean Hope Center. All trainees must attend at least five conferences each term.

**CCPX 6020 History and systems of psychology**

Survey of the history of psychology from the ancient Greeks to the present. Discussion of theoretical systems including Associationism, Structuralism, Behaviorism, Psychoanalysis, and Existentialism.

**CCPX 6332 Practicum in clinical supervision**

Permission required. Seminar and supervised practice in the teaching and supervision of clinical assessment and intake.

**CCPX 6333 Practicum in clinical supervision**

Permission required. Seminar and supervised practice in the teaching and supervision of clinical assessment and intake.

**CCPX 6335 Practicum in clinical intervention**

Permission required. For second-year doctoral students in clinical psychology, two semesters, 3-4 points each semester. Supervised practice in psychotherapy as staff members of the Dean Hope Center.

**CCPX 6336 Advanced practicum in clinical intervention**

Permission required. Prerequisite: CCPX 6335. For third-year doctoral students in Clinical Psychology.

**CCPX 6338 Fourth-year practicum in clinical intervention**

Permission required. Prerequisite: CCPX 6336. For fourth-year students in clinical psychology, two semesters, (1 point each semester).

**CCPX 6430 Internship in clinical psychology**

For advanced doctoral students in clinical psychology. Experience under supervision in approved mental health agency. One year full-time or part-time equivalent.

**CCPX 6530 Experiential and short-term dynamic psycho-therapy**

Permission required. For doctoral students in clinical, counseling, and school psychology. Focus on theoretical and technical aspects of short-term therapy; key concepts illustrated by clinical material presented by instructor and students.

**CCPX 6531 Psychological assessment and clinical practice**

Permission required. Prerequisites: CCPX 5330, CCPX 5333. Emphasis on the interpretation of projective tests, and on the integration and reporting of multiple sources of assessment data.

**CCPX 6900 Advanced research and independent study**

Permission required.

**CCPX 7500 Dissertation seminar**

Permission required. Development of doctoral dissertations and presentation of plans for approval. Registration limited to two terms.

**CCPX 8900 Dissertation advisement**

Individual advisement on doctoral dissertations. Fee to equal 3 points at current tuition rate of each term.

# Clinical Psychology

## Department of - Counseling & Clinical Psychology

### Contact Information

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## Program Description

The Clinical Psychology Program offers a course of scientist-practitioner education leading to the degree of Doctor of Philosophy (Ph.D.). The Master of Science (M.S.) and Master of Philosophy (M.Phil.) degrees are earned en passant.

Graduates from this program seek positions in teaching, research, policy, administration, and psychotherapy. Completing a 95-point doctoral degree, including an internship, typically takes five to seven years. Practicum work is done in the Teachers College Dean Hope Center for Psychological and Educational Services (Director: Dr. Dinelia Rosa).

Our scientist-practitioner model means that we are dedicated to training students to generate empirically-based knowledge in clinical psychology and to perform clinical work that is constantly informed by traditional and emerging scholarship in the field. We fully expect our students to learn to expertly produce, analyze, and present scientific material. We also expect our students to become proficient at providing clinical services to a diverse population. Furthermore, we expect our students to learn to integrate these goals. Finally, we are committed to the belief that training as a clinical psychologist must be deeply rooted in psychology itself, its body of knowledge, methods, and ethical principles that form the basis and context of clinical research and practice.

Thus, the primary goal of the Clinical Psychology Program is to provide rigorous training in both contemporary clinical science and clinical assessment and intervention. The research programs of our faculty span a wide range, including studies of clinical intervention in diverse sociocultural and geographic contexts; religious and spiritual development; altruism and caregiving; emotion and coping with trauma; suicidality; adolescence; and psychotherapy process and outcome (see individual faculty web pages). Our on-site clinic, The Dean Hope Center, now functions as both a research and clinical training center. The Center is currently participating in a nationwide study of client demographics, risk factors, and mental and physical health status.

Our clinical training has an ongoing psychodynamic tradition with increasing opportunities for additional specialization in the areas of CBT and IPT therapies, child and adolescent therapy, family systems, and neuropsychological assessment. This training emphasizes intervention and assessment across the lifespan within the context of schools, families, and communities. We are committed to an enhanced focus on ethnic, cultural, and theoretical diversity not only in our curriculum and clinical training but also among our students, faculty, and clinical supervisors. Numerous practica and externship opportunities are available throughout the New York area, and our students commonly secure placement at the most competitive internship sites. It should be noted, however, that those students whose career goal is full-time private practice without a significant research commitment will find our program inappropriate for their needs.

All Clinical Psychology doctoral students are staff members in the Dean Hope Center after their first semester in the Program and carry a regular caseload of clients. The Center sponsors case conferences, at which students present and discuss cases. Clinical work is supervised by core faculty members or by adjunct faculty who are

psychologists in private practice in New York. Students usually carry four clients as part of their psychotherapy practicum and receive two hours of supervision each week with two different supervisors.

## Degree Summary

Clinical Psychology (CLIN)

- Doctor of Philosophy (Ph.D.)
- Master of Science (M.S.)- en passant

For a complete listing of degree requirements, please continue on to this program's "Degrees" section in this document

# Degree Requirements

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## Doctor of Philosophy (Ph.D.)

### The Program requires the following:

1. The completion of 95 points of academic credit during three to four years of residence at the College.
2. A full-time, twelve-month clinical internship during the fourth or fifth year of study.
3. An original piece of empirical research, which also serves as a qualifying paper, to be completed during the second year of study.
4. A passing grade on the certification examination (on Research Methods) during the third year of study.
5. A Clinical case presentation as well as a research presentation, during the third year, each demonstrating the student's ability to integrate theory, research, and practice.
6. A doctoral dissertation, which must be completed no later than the seventh year after matriculation.

### First Year

During the first year of study, in addition to participating in a research lab, doctoral students typically take the following didactic courses: Ethical and professional issues in clinical psychology (CCPX 5030); Psychological measurement (HUDM 5059); courses on statistics and modeling; Research methods in social psychology (ORLJ 5040); Child psychopathology (CCPX 5034); Adult psychopathology (CCPX 5032); History and systems of psychology (CCPX 6020); and Dynamic psychotherapies (CCPX 5037). Students also take two semesters of psychological testing and diagnostic assessment (CCPX 5330, CCPX 5333) and a course in clinical interviewing (CCPX 5539).

### Second Year

During their second year, students' didactic courses include Brain and behavior (BBS 5068, 5069); Cognition, emotion, and culture (CCPX 5020); Psychotherapy with children (CCPX 5531); Cognitive, behavioral, and interpersonal therapies (CCPX 5038); Clinical work with diverse populations (CCPX 5036); and Seminar on life course development (HUDK 6520). In addition, students sign up for a full year of research practicum with a faculty member (culminating in an empirical second-year project), a full-year adult psychodynamic psychotherapy practicum (CCPX 6335), and an additional elective full-year clinical rotation (e.g., on child and adolescent psychotherapy; on neuropsychological assessment).

### Third Year

Third-year didactic courses include Group dynamics: A systems perspective (ORL 5362); and Dissertation seminar (CCPX 7500). There is also a full-year advanced psychodynamic clinical practicum (CCPX 6336) and a one-semester supervision and consultation practicum (CCPX 6333). Most students also elect a full-year family therapy practicum (CCPJ 6363).

### Fourth and Fifth Year

Fourth year is typically focused on clinical externship (CCPX 5230) and extensive work on the dissertation. A full-year fourth year psychotherapy practicum (CCPX 6338) is recommended, though not required. Year five is usually spent on a full-year clinical internship (CCPX 6430).

The program allows only 12 points of graduate work from another institution to be transferred. No transfer credits are awarded for practica, workshops, or independent study.

# Application Information

## Doctor of Philosophy

1. A bachelor's degree from a regionally accredited college or university or its equivalent in another country is required. An applicant who applies while still an undergraduate can be accepted only on condition that the bachelor's degree be received in time for enrollment. The undergraduate transcript must include a course in statistics and at least nine additional credits from among the following areas, at least one of which should include a laboratory experience: personality, social psychology, developmental psychology, abnormal psychology, physiological psychology, learning theory, psychology of perception, and experimental psychology. An applicant may be accepted with a deficiency in one of these areas on condition that the deficiency be remedied (either during the summer or without degree credit, during the first semester). Many, though not all of our accepted applicants have also received an M.A. degree in psychology.
2. Clinical and Research Experience: Though not required, the Program values the additional evidence of maturity, competence, and capacity for responsibility that comes from a broad range of work and life experiences. Most students admitted to the program have engaged, after college, in some type of supervised work in a clinical setting, as well as research that is commensurate with the interest of a faculty member in the program.
3. Graduate Record Examination (GRE): Applicants must submit the results of the GRE Aptitude tests taken no more than five years prior to the date of the application. Unless English is not the applicant's first language, scores on the Verbal and Quantitative tests and the Advanced Test of less than 165 and 153 respectively (equivalent to 680 scores on the old format) will make acceptance less likely. On test retakes, the Admissions Committee will consider the higher scores. Applicants are urged to take the GRE no later than November.
4. References: Applicants must submit at least two letters of recommendation from individuals able to comment on their scholarly and personal qualifications.
5. Personal Statement: Applicants should try to say something about the range of their interests and experience, attempting to give the Admissions Committee a flavor of the person behind the application. Applicants whose qualifications appear most promising are invited to a personal interview, usually in late February or early March. As a rule, no applicant will be accepted on the basis of an application alone. All material included in the admissions procedure is accorded professional confidentiality by the Committee. The fact that students submit their applications with this knowledge constitutes permission to have these materials read by both faculty and student members of the Committee.

Applicants for the doctoral program are considered for fall admission. For doctoral applicants, all admissions materials must be received by the final application deadline as advertised by the College. See the Admissions section of this catalog for more information.

## Faculty List

### Faculty

GEORGE A. BONANNO

Professor of Clinical Psychology

DOUGLAS MENNIN

Professor of Clinical Psychology

CHRISTINE BORAM CHA

Assistant Professor of Clinical Psychology

ELIZABETH MIDLARSKY

Professor of Psychology and Education

BARRY A. FARBER

Professor of Psychology and Education

LISA JANE MILLER

Professor of Psychology and Education



HELEN VERDELI  
Associate Professor of Psychology and Education

## Lecturers

RANDALL RICHARDSON-VEJLGAARD  
Lecturer

## Visiting Faculty

SUSAN ELYSA DAVIS  
Adj/PTVisiting Prof/PTLecturer

TRACI ANNE STEIN  
Adj/PTVisiting Prof/PTLecturer

## Adjunct

SUSAN ANN BODNAR  
Adjunct Associate Professor of Psychology and  
Education

MARK KURAS  
Adjunct Assistant Professor of Psychology and  
Education

ALLISON CASTA BRANCH  
Adjunct Assistant Professor of Psychology and  
Education

JONATHAN LAM  
Adjunct Assistant Professor of Psychology and  
Education

ROBIN S BROWN  
Adjunct Assistant Professor of Psychology and  
Education

DAVID M. MANTELL  
Adjunct Assistant Professor of Psychology and  
Education

JEFFREY RAYMOND COLE  
Instructional Staff

NANCY E. NEREO  
Adjunct Associate Professor of Psychology and  
Education

EDITH MAUREEN COOPER  
Adjunct Associate Professor of Psychology and  
Education

GEORGE COOLIDGE NITZBURG  
Adjunct Assistant Professor of Psychology and  
Education

JESSE GELLER  
Adjunct Professor of Psychology and Education

ELIZABETH ANN OWEN  
Adjunct Associate Professor of Psychology and  
Education

SIMONE HOERMANN  
Adjunct Assistant Professor of Psychology and  
Education

DINELIA ROSA  
Director

DEBORAH F JOFFE  
Adjunct Assistant Professor of Psychology and  
Education

HELEN ROZELMAN  
Adjunct Assistant Professor of Psychology and  
Education

SHAMIR A. KHAN  
Adjunct Associate Professor of Psychology and  
Education

NIKKI RUBIN  
Instructional Staff

BRIAN KOEHLER  
Adjunct Associate Professor

PAUL S. SAKS  
Adjunct Assistant Professor and Psychology and  
Education

DEREK HUDSON SUITE  
Adjunct Assistant Professor of Psychology and  
Education

DANIEL JOSEPH TOMASULO  
Adjunct Professor

ELIZABETH BLAKE WATSON  
Instructional Staff

RICHARD WAXMAN  
Adjunct Associate Professor of Psychology and  
Education

SCOTT THOMAS WILSON  
Adjunct Assistant Professor of Psychology and  
Education

DAVID BENJAMIN YOURMAN  
Adjunct Assistant Professor of Psychology and  
Education

## Instructors

DAVID E GREENAN

## Course List

### **CCPX 4000 Introduction to applied psychology**

This course is designed to provide an introduction to multidisciplinary approaches to mental health including clinical psychology, school psychology, and pediatric psychology.

### **CCPX 4010 Social problems for clinical psychologists**

Psychological perspectives on social problems such as eating disorders, domestic violence, AIDS and HIV infection, and mental health in late life.

### **CCPX 4030 Psychology of adjustment**

Healthy and pathological adjustment throughout the lifespan: stress, defense mechanisms, and coping.

### **CCPX 4032 Assessment and treatment of alcohol and chemical dependency**

Overview of the clinical principles governing assessment and treatment of addictive disorders; stages of addiction; issues of comorbidity; resistances to treatment.

### **CCPX 4035 Personality and behavior change**

Seminar covering the major theories of personality; mechanisms of behavioral change. This course will provide an introduction to the classic psychological theories of personality by considering the contributions of some of the great creative thinkers in this field including Freud, Jung, Horney, Maslow, Rogers, Erikson, Allport, Cattell, and Skinner.

### **CCPX 4036 Psychology of human sexuality**

This course teaches issues related to human sexuality, emphasizing the psychological perspective, while including biological, social, and cultural factors. We will address how to apply information about human sexuality to education, counseling, and therapy. Some topics include sexual development from childhood to adulthood, sexual orientation, gender identity, sexual health, reproduction, sexual behaviors and lifestyles, sexual dysfunction, sexual victimization, and more.

### **CCPX 4037 Introduction to cognitive behavior therapy (CBT)**

Overview of the essential principles and techniques of CBT for mood and anxiety disorders.

### **CCPX 4038 Comparative psychotherapies**

Survey and analysis of representative psychotherapies in current practice: psychoanalytic, neo-Freudian, Gestalt, Jungian, client-centered, existential, behavior therapy, and others.

### **CCPX 4039 Critical perspectives on nontraditional psychotherapies**

Overview and evaluation of nontraditional treatment approaches including existential, Jungian, spiritually-oriented, holistic, and transpersonal psychotherapies, Ericksonian hypnosis, and Eastern-oriented models.

### **CCPX 4060 The psychology of loss and trauma**

Focus on how humans cope with significant losses and trauma: historical developments, recent empirical advances, cross-cultural variations, and clinical and social implications.

### **CCPX 4120 Psychotherapy through fiction and film**

Psychotherapy, the therapist, and psychopathology as reflected in current fiction and film.

### **CCPX 4125 Women and mental health**

Examination of a range of theories of women's psychological development, interpersonal experience and social roles, as well as the intersection of women's biology and health with psychological status.

### **CCPX 4126 The mother-child matrix: Developmental and clinical implications**

The mother-child relationship: Implications for development and influence on clinical theory and practice, focus on theories of parenting, ruptures in the relationship and therapy with mothers and children.

### **CCPX 4150 Introduction to forensic psychology**

The practice and application of forensic psychology to medical-legal problems and nomenclature in diagnosis, evaluation, assessment, treatment, and testimony regarding criminal behavior,

psychopathology, and civil, family, and criminal law.

### **CCPX 4230 Fieldwork in applied psychology**

Supervised practice in field placements for M.A. students in applied or general psychology.

### **CCPX 4542 Introduction to contemporary psychoanalytic thought**

Examination of current psycho-dynamic ideas, including object relations theory, self-psychology, theories of narcissism, borderline pathology, and the nature of the therapeutic relationship.

### **CCPX 4900 Research and independent study**

Permission required.

### **CCPX 5020 Cognition, Emotion, and Culture**

This course covers the impact of overwhelming emotions on human health and self-regulatory responses. The role of culture in these responses is explored, as well as historical context and theoretical perspectives.

### **CCPX 5030 Ethical and professional issues in clinical psychology**

Limited to doctoral students in clinical psychology. Orientation to program and field; ethical and professional issues.

### **CCPX 5032 Adult psychopathology**

Major clinical disorders of adulthood viewed from clinical and research perspectives; current issues in diagnosis and treatment.

### **CCPX 5033 The evolution of Freud's psychological theories**

Intensive examination of selected psychological works of Sigmund Freud from 1892 to 1940, focusing on theoretical innovations, modifications, and elaborations.

### **CCPX 5034 Child psychopathology**

Major clinical syndromes of childhood and adolescence viewed within the context of normal development. Consideration of various theoretical, diagnostic, etiological, and therapeutic viewpoints.

### **CCPX 5036 Clinical work with diverse populations**

Permission required. An experiential seminar for practicum students in Clinical and Counseling Psychology who are working with clients different from themselves.

### **CCPX 5037 Dynamic psychotherapies**

Limited to doctoral candidates in clinical psychology.

Theories of psychodynamic psychotherapy, including ego psychology, object relations, self psychology, and relational. Emphasis on the interplay between theory and clinical practice.

### **CCPX 5038 Cognitive, behavioral, and interpersonal therapies**

Open to doctoral candidates in psychology, others by permission. Introduction to theory and technique underlying treatment within the following modalities: Cognitive, Behavioral, Interpersonal, and Short-Term Psychodynamic. The course will explore the application of these various treatment approaches to a range of disorders including depressive disorders, anxiety disorders, OCD, and schizophrenia.

### **CCPX 5039 Empirical bases of psychotherapy**

Open to doctoral candidates in psychology; others by permission. (Prerequisite: CCPX 4038). Analysis of research efforts concerned with investigating the process and outcome of psychotherapy. Emphasis on client, therapist, and system variables that contribute to the probability of therapeutic success.

### **CCPX 5040 Development and psychopathology: Atypical contexts and populations**

Using contemporary research as the basis, the focus is on the interface between classical developmental psychology theories and patterns of development identified in atypical contexts (e.g., poverty) and among atypical populations (e.g., resilient youth). Implications for interventions and policy are also discussed.

### **CCPX 5045 Psychotherapy, religious diversity, and spirituality**

This course will focus on the role of religion and spirituality in psychotherapy. Research, theory and case material will be used to clarify healing dimensions of religion and spirituality. Discussion will

focus on a re-examination of models of psyche and goals of treatment.

### **CCPX 5102 Research and clinical applications of DSM-IV**

Diagnostic, clinical, and research applications of the DSM-IV; ethical, cultural, and gender issues in the diagnostic process.

### **CCPX 5110 Research apprenticeship**

Permission required. Involvement as a research extern in community agencies or as a research assistant to departmental faculty.

### **CCPX 5230 Fieldwork in clinical psychology**

Limited to doctoral candidates in clinical psychology. Supervised practice in field placements.

### **CCPX 5330 Principles and techniques of clinical assessment**

Limited to doctoral candidates in clinical, counseling, and school psychology. Theory and practice of psychological testing; focus on cognitive assessment.

### **CCPX 5333 Practicum in Clinical Supervision and Consultation**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5334 Practicum: Clinical work with children and adolescents**

Limited to doctoral candidates in Clinical, Counseling, and School psychology. Psychological assessment of children and adolescents, including interviewing techniques, observational methods, and psychodiagnostic testing.

### **CCPX 5531 Psychotherapy with children**

Open to doctoral students in psychology; others by permission. Introduction to contemporary models of child psychotherapy. Emphasis will be upon a comparison of the theoretical foundations and techniques across paradigms.

### **CCPX 5532 Clinical issues: Children from Diverse Backgrounds**

Focus on current research on risk and resiliency factors developed from within epidemiological, social, and intra-psychic perspectives. Research findings are considered within the context of theories of development.

### **CCPX 5533 Research methods in clinical psychology**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5534 Research Methods in Clinical Psychology**

Design, methodology, and artifact in research. Development of research proposals. Critical review of journal articles.

### **CCPX 5535 Research practicum in clinical psychology**

Permission required. Supervised research in clinical psychology.

### **CCPX 5539 Clinical assessment: The interview**

Doctoral students in Clinical, Counseling, School Psychology, speech and hearing, learning disabilities, special education, and pre-doctoral students providing intake services at the Dean Hope Center. Introductory didactic and practice seminar in clinical interviewing.

### **CCPX 5544 Cross-cultural issues in psychopathology, resilience and coping**

Examination of pathology and resilience in the context of cultural patterns of coping with developmental lifetasks and reactions to stress.

### **CCPX 5546 Research perspectives on critical social problems**

Open to master's and doctoral students. Exploration of research based upon the interface of social and clinical psychology and development projects. Topics include eating disorders across the lifespan, altruism and mental health, coping with the aftermath of genocide, terror, personal growth in the wake of trauma, and effects of disability on the individual and family.

### **CCPX 5610 Clinical psychology colloquium**

Clinical faculty and guest speakers. Permission required.

**CCPX 5630 Case conference**

Permission required. Corequisite: CCPX 5333, CCPX 6335, CCPX 6336, CCPJ 5360, CCPJ 6360, or CCPJ 6364. For practicum students in the Dean Hope Center. All trainees must attend at least five conferences each term.

**CCPX 6020 History and systems of psychology**

Survey of the history of psychology from the ancient Greeks to the present. Discussion of theoretical systems including Associationism, Structuralism, Behaviorism, Psychoanalysis, and Existentialism.

**CCPX 6333 Practicum in clinical supervision**

Permission required. Seminar and supervised practice in the teaching and supervision of clinical assessment and intake.

**CCPX 6335 Practicum in clinical intervention**

Permission required. For second-year doctoral students in clinical psychology, two semesters, 3-4 points each semester. Supervised practice in psychotherapy as staff members of the Dean Hope Center.

**CCPX 6336 Advanced practicum in clinical intervention**

Permission required. Prerequisite: CCPX 6335. For third-year doctoral students in Clinical Psychology.

**CCPX 6338 Fourth-year practicum in clinical intervention**

Permission required. Prerequisite: CCPX 6336. For fourth-year students in clinical psychology, two semesters, (1 point each semester).

**CCPX 6430 Internship in clinical psychology**

For advanced doctoral students in clinical psychology. Experience under supervision in approved mental health agency. One year full-time or part-time equivalent.

**CCPX 6530 Experiential and short-term dynamic psycho-therapy**

Permission required. For doctoral students in clinical, counseling, and school psychology. Focus on theoretical and technical aspects of short-term therapy; key concepts illustrated by clinical material presented by instructor and students.

**CCPX 6531 Psychological assessment and clinical practice**

Permission required. Prerequisites: CCPX 5330, CCPX 5333. Emphasis on the interpretation of projective tests, and on the integration and reporting of multiple sources of assessment data.

**CCPX 6900 Advanced research and independent study**

Permission required.

**CCPX 7500 Dissertation seminar**

Permission required. Development of doctoral dissertations and presentation of plans for approval. Registration limited to two terms.

**CCPX 8900 Dissertation advisement**

Individual advisement on doctoral dissertations. Fee to equal 3 points at current tuition rate of each term.

# Psychological Counseling

## Department of - Counseling & Clinical Psychology

### Contact Information

**Phone:** (212) 678-3397

**Fax:** (212) 678-3275

**Email:** sandil@tc.columbia.edu

**Director:** Riddhi Sandil, Ph.D.

## Program Description

The Program in Psychological Counseling is dedicated to the preparation of psychological counselors who facilitate the normal and optimal development of individuals, groups, and organizations that is culturally relevant and psychologically appropriate across the lifespan. Our students are taught to use strategies of prevention, intervention, and remediation to assist others in developing effective coping skills and responses to their environments. (See Psychological Counseling Program Handbook for more information.)

The objectives of the program are to prepare students to:

1. Be self-aware, reflective, and sensitive to social constructions and issues related to identity group membership and to participate in a variety of settings with diverse populations;
2. Intervene in appropriate arenas through their commitment to education, evaluation, research, and program development;
3. Focus on the development of individuals and groups, their educations and careers, assets and strengths, the importance of person-environment interactions, psycho-education and preventive needs, as well as their pathologies;
4. Integrate theory, practice, and research; and
5. Develop identities as ethical counselors who are socialized into the profession and contribute to the discipline and to society. Students are expected to adhere to ethical and professional standards of practice and conduct. Academic dishonesty and unethical behavior may be grounds for immediate dismissal from the program (master's or doctoral). These competencies prepare students to work in a variety of settings with emphasis on educational (e.g., schools, colleges, and universities, etc.), health (e.g., outpatient clinics, hospitals, nursing homes, etc.) and related agencies. In roles as psychological counselors, master's graduates will be able to apply their skills in school counseling, clinical practice, administration, assessment, and research.

With the help of a faculty advisor, students register for required and elective courses relevant to their special needs and career objectives. Depending on their areas of interest and levels of training, graduates have found employment in colleges, adult education centers, industry, various health centers, and community and government agencies.

Students in the program are expected, by the end of their training, to have the following in common (regardless of their eventual work settings):

- They are concerned with assessing, facilitating, and guiding individual development. Their focus is on enhancing those conditions which further human development and on ameliorating those that hamper it. They help individuals discover and take advantage of possibilities in the environment and in themselves.

They are skilled in working with individuals from diverse ethnic, racial, cultural, and socioeconomic backgrounds.

- They are concerned with the social, situational, and psychological determinants of behavior. They use their theoretical knowledge to bring about growth in individuals and their environments. They are concerned with providing individuals and groups with experiences that will help them achieve their full potential.
- They are skilled in several modes of facilitating human development, such as short-term individual and group counseling, environmental intervention, and planned exploratory and developmental experiences. They are concerned with translating concepts and theories into strategies and programs of intervention. They not only engage in designing innovative programs and planned interventions; they also evaluate the outcomes of such undertakings.

## Degree Summary

### PSYCHOLOGICAL COUNSELING-MENTAL HEALTH COUNSELING (COUM)

- Master of Education (Ed.M.)

### PSYCHOLOGICAL COUNSELING-SCHOOL COUNSELOR (COUS)

- Master of Education (Ed.M.)
- Master of Arts (M.A.)- en passant

For a complete listing of degree requirements, please continue on to this program's "Degrees" section in this document



# Degree Requirements

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## Master of Education (Ed.M.)

The Ed.M. is granted after successful completion of a comprehensive examination, a special project, and 60 points of planned, sequential study beyond the bachelor's degree, of which at least 48 points must be taken at Teachers College. Approval of transfer credits to the Ed.M. program must be conducted upon admission into the program; transfer credits will not be accepted thereafter. The Ed.M. degree could lead to the doctorate at Teachers College and elsewhere but usually with some loss of time and credits because of differences in emphases between master's and doctoral programs. Students who apply to the program during or after taking classes at Teachers College as a non-matriculated student can transfer up to 9 points (with a maximum of 8 points in the major) if accepted as a matriculated degree student. Additional information may be found in the Psychological Counseling Program Handbook.

School counseling is one of several areas of specialization within the Ed.M. program in Psychological Counseling (COUS). It is a specialty that allows students to develop appropriate skills to deliver services that are specific to school settings, in addition to learning the essential functions generally found in the counseling profession. A graduate of this specialization is eligible for provisional certification as a School Counselor in New York State after completing the program, including a series of specified courses. Consult the Master's Student Handbook for more information about the School Counselor specialization. For permanent certification, New York State requires two years of employment as a school counselor and 30 additional credits of graduate work. The credits from the Ed.M. beyond the M.A. will be applied toward the 30. Students planning to obtain New York State Certification in School Counseling use the en passant M.A. to apply for provisional certification. Students should complete the application for certification upon graduation from the M.A. program.

In 2005, Teachers College received approval from New York State to offer a License-Qualifying Mental Health Counseling Program (COUM). Along with completion of required coursework, students can become eligible for licensure when they complete 3000 hours of post-master's supervised experience in the practice of mental health counseling and pass a national examination. For information regarding licensure, please contact the Office of the Professions, New York State Education Department (<http://www.op.nysed.gov/mhp.ht>).

All students in the Psychological Counseling Ed.M. program (COUM and COUS) must take specific required courses in the following content areas:

- *Human growth and development*: HUDK 4022, Developmental psychology: Childhood (3); HUDK 4023, Developmental psychology: Adolescence (3); HUDK 4024, Developmental psychology: Adulthood and the lifespan (3); or HUDK 5029, Personality development and socialization across the lifespan (3)
- *Social cultural foundations of counseling*: CCPJ 4873, The Winter Roundtable on Cultural Psychology and Education (1) and two of the following: CCPJ 5165, Racial-Cultural Counseling Laboratory (4); CCPJ 5020, Racism and Racial Identity in Psychology and Education (3) CCPJ 5164, Multicultural Counseling and Psychology (3) (4) CCPJ 4050 Microaggressions in Institutional Climates (3) or CCPJ 4180 LGBT (Q) Issues in Psychology (3). Please note: one of the two courses must be CCPJ 5020, CCPJ 5164, or CCPJ 5165
- *Counseling theory and practice*: CCPJ 4064, Theories of counseling (3) and CCPJ 5371, Foundations of counseling (3)
- *Psychopathology*: CCPJ 4000, Multicultural psychopathology (3); CCPX 5032, Adult psychopathology (3); or CCPX 5034, Child psychopathology (3)
- *Group counseling*: CCPJ 5025, Group counseling (3)

- *Lifestyle and career development*: CCPJ 5062, Career counseling and development (3)
- *Assessment and appraisal*: CCPJ 5060, Assessment in counseling psychology (3), and one of the following: HUDM 5059, Psychological measurement (3); HUDM 4050, Introduction to measurement (3); or CCPJ 4066, Foundations of testing and accountability (3)
- *Research and program evaluation*: ORLJ 4009, Understanding behavioral research (3) and ORL 5522, Evaluation methods I (3) or CCPJ 5070 Evaluation methods in counseling psychology (3)
- *Professional orientation and ethics*: CCPJ 4560, Professional and ethical issues in psychological counseling (3)
- *Foundations of mental health counseling and consultation*: CCPJ 5371, Foundations of counseling (3) (also listed under Counseling Theory and Practice) and CCPJ 4165, Consultation in community agencies and resources (3)
- *Clinical instruction*: CCPJ 5360, Practicum in career and personal counseling (4)
- *One year of supervised fieldwork*: CCPJ 5260, Fieldwork in psychological counseling and rehabilitation (6 points total spread over two or three semesters); CCPJ 5263, Supervised fieldwork in elementary school counseling (6 points total spread over two or three semesters); or CCPJ 5265, Supervised fieldwork in secondary school counseling (6 points total spread over two or three semesters).

School counselors (COUS) also are required to take the following:

#### *Elementary*

- HUDK 4022, Developmental psychology: Childhood
- CCPJ 5263, Supervised fieldwork in elementary school counseling
- CCPJ 4160, School counseling for children or adolescents, or
- Child abuse and maltreatment identification, reporting and intervention
- Violence prevention and intervention

#### *High School*

- HUDK 4023, Developmental psychology: Adolescence
- CCPJ 5265, Supervised fieldwork in secondary school counseling
- CCPJ 4160, School counseling for children and adolescents, or
- Child abuse and maltreatment identification, reporting and intervention
- Violence prevention and intervention

Required courses often are scheduled in the afternoon and evening, so it is possible for students with flexible schedules to attend on a part-time basis and complete the program; however, it should be noted that at times, required courses may be offered during the day and students must be prepared to make needed accommodations. Full-time students generally complete the program in about five semesters. The length of program completion for part-time students varies with the number of points in which they enroll each semester.

In addition to required core courses, students will be expected to select electives from the various areas of psychology and other appropriate disciplines that will provide breadth and depth to their preparation as counselors. Consult the Master's Student Handbook for further information about Ed.M. program requirements.

New York State Education Department (NYSED) has teacher certification requirements that are needed for program completion and graduation which are listed in the Office of Teacher Education section of the catalog.

A special project is required in addition to the 60 points of coursework. Students should plan to complete their project in the same semester that they apply for the Ed.M. degree.

The Comprehensive Exam, which is a mandatory requirement for obtaining the en passant M.A. and the Ed.M., is generally taken in the semester in which 45 credits are completed.

## Application Information

An undergraduate major in psychology or one of the other social or behavioral sciences is desirable but not essential. It is expected that the personal statement which accompanies the student's application will show a realistic assessment of the student's professional interests and goals, as well as how she/he fits with the masters program's training objectives.

Applicants for the master's program are considered for Fall admission. For master's applicants, all admissions materials must be received by the application deadlines as advertised by the College. See the Admissions section of this bulletin for more information. Please contact the Admission Office for further information about admission to the Ed.M. program.

## Faculty List

### Faculty

MELANIE ELYSE BREWSTER  
Associate Professor of Counseling Psychology

RIDDHI SANDIL  
Assistant Professor of Practice

GEORGE VINCENT GUSHUE  
Associate Professor of Psychology and Education

LAURA SMITH  
Associate Professor of Psychology and Education

MARIE L MIVILLE  
Professor of Psychology and Education

DERALD W SUE  
Professor of Psychology and Education

### Lecturers

ELIZABETH D FRAGA  
Lecturer

GREGORY JAMES PAYTON  
Lecturer

### Adjunct

MICHAEL JEROME KOSKI  
Adjunct Assistant Professor

GILBERT B TUNNELL  
Adjunct Associate Professor of Psychology and Education

ANDREA BETH SAFIRSTEIN  
Instructional Staff

### Instructors

DAVID E GREENAN

## Course List

### **CCPJ 4050 Microaggressions in institutional climates: Race, gender, and sexual orientation**

*Microaggressions in Institutional Climates: Race, Gender and Sexual Orientation* is aimed at presenting cutting-edge research and perspectives on the manifestation, psychological dynamics, impact of microaggressions on the well-being of marginalized groups, and how they are manifested in organizations (health care agencies, educational institutions, and places of employment). Special challenges and solutions for individual and organizational change will be the focus of the course.

### **CCPJ 4062 Medical aspects of disabilities and rehabilitation**

Limiting aspects of the major physical and emotional disabilities. Understanding and using medical knowledge in rehabilitation counseling.

### **CCPJ 4064 Theories of Counseling**

Approaches to counseling; theories and research findings; educational, vocational, and personal counseling; typical problems; illustrative cases.

### **CCPJ 4066 Foundations of testing and accountability**

Introduces students to foundational concepts/skills in testing, emphasizing the principles of design, selection, validation, and appropriate use of formal and informal assessment tools for classroom instruction and various other practice-based, research, clinical, and/or accountability contexts. The course is particularly geared towards educational practitioners and other professionals who use data from assessments to inform their day-to-day practices or for research.

### **CCPJ 4068 Counseling women**

Emphasis on the factors that influence the familial and intrapsychic issues of women. The integration of theories provides a framework for understanding the implications of women's development for counseling and psychotherapy.

### **CCPJ 4070 Counseling Linguistically Diverse Populations: Latina/o Psychology**

This course will focus on gaining knowledge of the diverse demographic make-up of Latinos, including multiple races, ethnicities, cultures, values, beliefs, traditions, social classes, and reasons for immigration. Students will learn the psychosocial issues impacting Latinos in the US and culturally linked factors known to influence the therapeutic treatment process, including immigration, racism, poverty, and acculturation. The course will also cover the recent counseling research on culturally relevant psychological assessment instruments and empirically supported treatments for Latinos.

### **CCPJ 4160 School counseling for children and adolescents**

Principles and practices in the guidance of children and adolescents examined from a multidisciplinary and multicultural perspective with special emphasis on facilitating developmental processes of school, family, and community contexts. The role of the Guidance Counselor in developing preventive and rehabilitative interventions in urban and suburban schools/communities will be considered. Special fee: \$15.

### **CCPJ 4165 Consultation in community agencies and resources**

Community services and programs in family and personal counseling, health and child care, mental health, career counseling, job placement, and service to the aged.

### **CCPJ 4180 LGBT(Q) Issues**

The purpose of this course is to introduce some of the major issues surrounding sexual orientation and gender identity and how these issues historically and presently interact with psychological and educational topics. This course will examine factors impacting individuals who identify as lesbian, gay, bisexual, transgender, and queer (LGBTQ) and explore the potential role of mental health and educational professionals, teachers, and researchers in working with this population.

**CCPJ 4560 Professional and ethical issues in psychological counseling**

Professional orientation for Ed.M. students in psychological counseling. Ethics and professional issues; employment opportunities and work settings (masters only).

**CCPJ 4873 The Winter Roundtable on cultural psychology and education**

An annual national conference where top leaders in education and psychology share their expertise.

**CCPJ 4902 Research and Independent Study in Psychological Counseling****CCPJ 5020 Racism and racial identity in psychology and education**

A review of the debate on the influence of race and racism on education, mental health, and other social sciences. Introduction of current theoretical and research developments which explore the influence and role of racial identity (black and white) in individual development and professional practice.

**CCPJ 5025 Group Counseling**

Prerequisite: Admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology; CCPJ 4064, CCPJ 5371. Students will explore the functions of group counseling in meeting client needs. Emphasis will be placed on theory and principles of group process and on the development of group skills through participation in class role-plays and in a group counseling experience. Attention to the practice of effective group leadership will also be addressed.

**CCPJ 5060 Assessment in Counseling Psychology**

The course is designed to provide an overview of the basic principles, theories, issues and practices in the field of psychological testing. Tests of both cognitive and personality functioning will be included, with emphasis on identification of both problems and strengths. Special fee: \$40.

**CCPJ 5061 Assessment in Counseling Psychology**

Open only to doctoral students in Counseling Psychology. Students will explore a range of contemporary issues in testing and will also receive supervised testing experience in a hospital or clinic. This course is offered in the spring only for the students who have completed CCPJ 5060.

**CCPJ 5062 Career Counseling and Development**

General concepts of career development and methods of assessment in career counseling. This course also highlights various issues related to the career development of diverse client populations in light of contemporary socio-political phenomena.

**CCPJ 5063 Psychological and cultural aspects of disability and rehabilitation**

Personality theory and physical disabilities. Personality and environmental variables in the adjustment and rehabilitation process.

**CCPJ 5064 Marriage and family therapy: Theory and practice**

Open to majors in counseling and clinical psychology and to others with appropriate backgrounds. The course focuses on the relationship between self and system. Integrative theory models based on systemic thinking are explored. Family systems approaches relevant to working with individual adults, children, couples, and families are studied. Illustrative cases are presented and discussed.

**CCPJ 5065 Psychology of the undergraduate: Issues for counseling and psychology**

Theory and research on the psychological development of women and men. Focus on intellectual, psychosocial, moral, and vocational development with attention to the needs of special student groups and to the campus context and climate. Institutional structures and responses. Issues for counseling and education.

**CCPJ 5070 Evaluation Methods in Counseling**

This course will provide an overview of major evaluation models and social research methods useful in designing evaluations of programs, policies, services, institutions, and products, such as educational curricula. The course is intended for researchers, graduate students, counselors, and educational administrators preparing for professional careers in which a major responsibility will be to appraise and use results of evaluations for various kinds of decision-making. A main aim of the course is to develop critical consumers of evaluation research.

### **CCPJ 5165 Racial-cultural counseling laboratory**

Permission and application required. Prerequisites: Admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology; CCPJ 4064, CCPJ 5371, CCPJ 5025, and either CCPJ 5020 or CCPJ 5164. An advanced experiential skill-oriented and didactic course with limited enrollment (30) intended to provide insights into the racial, social, and cultural factors in the development of relationships in counseling. The course uses a minimum competence model focused on self-exploration and the use of counseling skills.

### **CCPJ 5260 Fieldwork in psychological counseling and rehabilitation**

Limited to second-year students in Ed.M. program in Psychological Counseling. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor. Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371 and either HUDK 4022, 4023, 4024, or HUDK 5029 (or approved substitutes). Supervised experience in various types of social agencies, rehabilitation agencies, career counseling centers, business establishments, educational institutions, and facilities serving the elderly. Normally a minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor.

### **CCPJ 5263 Supervised fieldwork in elementary school counseling**

Limited to second-year students in Ed.M. program in Psychological Counseling specializing in elementary guidance. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor. Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371; and either HUDK 4022, 4023, 4024 or HUDK 5029 (or approved substitutes). Normally, a minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor. Special fee: \$20.

### **CCPJ 5265 Supervised fieldwork in secondary school counseling**

Limited to second-year students in Ed.M. program in Psychological Counseling specializing in secondary guidance. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor. Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371; and either HUDK 4022, 4023, 4024 or HUDK 5029 (or approved substitutes). Normally, a minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor. Special fee: \$20.

### **CCPJ 5360 Practicum in career and personal counseling**

Limited enrollment. Required: Written application by April 15 and permission of the instructor. Prerequisites: CCPJ 4064, CCPJ 4560, CCPJ 5062, CCPJ 5371 and Child Abuse Reporting/ Violence Prevention Workshop. Limited to second-year students (30 or more points) admitted to the Ed.M. program in Psychological Counseling. Supervised practice in vocational appraisal and short-term educational and personal/career counseling. Students work with clients of the Dean Hope Center. Class meets in Dean Hope Center.

### **CCPJ 5368 Supervision and teaching of counseling**

Permission required. Prerequisite: Successful completion of appropriate practica in individual and/or group counseling. Experience in practicum supervision and related teaching activities under the guidance of a faculty member. Enrollment not limited to one term.

### **CCPJ 5371 Foundations of counseling**

Permission required. Limited enrollment. Prerequisite: For majors section, admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology, CCPJ 4064 completed or taken concurrently; for non-majors section, CCPJ 4064 recommended but not required. A laboratory experience for counselors and others in the helping professions. Practice in clarifying, understanding, and responding to personal communications. Graduated exercises and videotapes are used to develop counseling and interviewing skills and desirable counselor attitudes. Special fee: \$30.

### **CCPJ 5372 Foundations of counseling skills II**

Permission required. Limited Enrollment. Continuing laboratory experience for helping professionals in further development of basic counseling skills with emphasis on increasing one's self-awareness and self-reflective ability. Practice and experience in attending, influencing and helping skills through in-class discussions, experiential activities, weekly journals, and counseling/clinical integration. Exploring assets and defenses that may facilitate or hinder therapeutic transactions.

### **CCPJ 5560 Review of research in counseling psychology**

Required of and limited to doctoral candidates in counseling psychology. Exploration of theoretical and methodological approaches in counseling psychology.

### **CCPJ 6260 Advanced fieldwork**

Permission required. Limited to advanced students in the Ed.M. program in Psychological Counseling who have completed the regular fieldwork sequence in their area of concentration. Registration not limited to one semester.

### **CCPJ 6330 Basic practicum in individual counseling and psychotherapy**

Open only to doctoral students in counseling psychology. Permission required and enrollment limited. Individual work with clients under supervision on a range of issues and problems. Personal, social, relationship, educational, and vocational adjustment and developmental focus.

### **CCPJ 6350 Externship in counseling psychology**

Year-long placement in a field-setting for clinical experience. (Required for doctoral students). Students petition to be placed into a supervised two-day-a-week training site and see individual and group counselors. To apply, students must complete practicum sequence, pass certification/comprehensive examinations, and have completed most coursework. For students to be eligible for externship they need to have completed at least two years of coursework and three years of practicum. Externships involve students applying to affiliated programs (i.e., institutions and organizations with which we have established affiliation agreements). We require students to be on site for at least two days a week for eight to ten months, that the students be supervised by a licensed psychologist, and that the students be trained in individual and group modes of service delivery.

### **CCPJ 6360 Practice in Psychological Counseling**

Required: permission of the instructor. For advanced doctoral candidates in counseling psychology. Course involves a weekly seminar, client assignments with individual supervision, and exposure to a range of theoretical approaches to the clinical/counseling interview. Students register for 4 points each term.

### **CCPJ 6362 Group practicum**

Permission required. Students must submit written application by the midterm date of the preceding semester. Limited to advanced students with appropriate backgrounds in group work. Students will practice group counseling skills in selective settings.

### **CCPJ 6363 Advanced group and family systems practicum**

Permission required. Prerequisites: CCPJ 5025. (Year Course). Advanced group supervision to provide service to clients in the Dean Hope Center and/or outside agencies.

### **CCPJ 6368 Advanced supervision and teaching of counseling**

Permission required. Supervision and related teaching activities for advanced doctoral students under the guidance of a faculty member. Registration not limited to one term.

### **CCPJ 6460 Internship in Counseling Psychology**

Permission required. For doctoral students in counseling psychology only. Supervised experience in approved and appropriate agencies, institutions, and establishments. Students are required to petition faculty for internship training to be approved to apply for internship. Students must have completed all coursework during the academic year in which they are applying for internship. Students would have to have passed all certification and comprehensive examinations as well as to have an approved dissertation proposal.

### **CCPJ 6560 Advanced Professional Issues**

Students will familiarize themselves with a range of professional issues that affect their learning and development as counseling psychologists and will have the opportunity to explore topics not

currently available in the curriculum. Limited to doctoral students in psychology.

### **CCPJ 6569 Professional ethics and standards in psychology**

Ethics and standards of psychological practice and research. Limited to doctoral students in psychology. Others by special permission.

### **CCPJ 6572 Multicultural competencies**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6573 Cross cultural research**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6574 Multicultural perspectives on social attitudes, identity, and development**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6575 Research models and procedures with racial/cultural emphases**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6576 Prevention, multicultural training, spirituality and counseling**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6577 Psychological interventions with older persons**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6578 Research practicum psychology undergrad major**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6902 Advanced Research and Independent Study in Counseling Psychology**

#### **CCPJ 7502 Dissertation seminar**

Permission required. Prerequisite: CCPJ 5560 and CCPJ 6572-CCPJ 6579. An advanced research course designed to facilitate the development of doctoral dissertations and presentation of plans for approval at all steps in the process. Required of all doctoral students before or after an approved proposal. Registration limited to two terms. For requirements, see section in catalog on Continuous Registration for Ed.D./Ph.D. degrees.

#### **CCPJ 7572 Advanced research practicum in counseling psychology**

Permission required. Prerequisite: CCPJ 6572-79. This course is a continuation of CCPJ 6572-79 and is only open to students who have completed two semesters of the prerequisite.

#### **CCPJ 8900 Dissertation Advisement**



Individual advisement on doctoral dissertation. Fee to equal 3 points at current tuition rate for each term.

# Counseling Psychology

## Department of - Counseling & Clinical Psychology

### Contact Information

**Phone:** (212) 678-3397

**Fax:** (212) 678-3275

**Email:** et2453@tc.columbia.edu

## Program Description

The Ph.D. Program in Counseling Psychology reflects a scientist-practitioner training model whereby emphasis is placed on preparing professional psychologists who:

- (a) are competent in addressing problems associated with the adaptive functioning of human beings,
- (b) can successfully apply relevant research literature to client concerns, and
- (c) can contribute to the research knowledge base.

Our philosophy is consistent with many of the historical traditions in the field of counseling psychology, including (a) the optimal development and functioning of individuals, groups, and other systems (e.g., institutions, communities); (b) an appreciation of the strengths and uniqueness of individuals; (c) a belief in the unbounded potential of human beings; and (d) a respect for the integrity of all people. Our training philosophy strongly encourages students to adopt approaches to client treatment that consider the various contexts in which clients develop and operate. The program also stresses the critical roles of self-exploration and personal reflection as components of professional development.

Central to our training model is the belief that academic scholarship and research are inseparable from professional practice. Hence, the Counseling Psychology Program recognizes the importance of preparing graduates who manifest the highest standards of excellence in academic or service delivery settings. Throughout the program, we emphasize the integration of scientific psychology and professional practice through attention to didactic and experiential learning, synthesizing skill acquisition with effective use of self, and clarifying personal and professional identities. This integrative perspective implies the following assumptions:

1. Learning is an ongoing process and, as a result, students are responsible for being cognizant of issues and trends within the profession;
2. Learning occurs in a context that requires active consideration of individual differences and systemic factors; and
3. Professional development is often inseparable from personal growth.

Thus, students are continuously exposed to opportunities to examine the connection between scientific knowledge and professional practice. To highlight the importance of this integration, education and training in theory, inquiry, and practice occur concurrently throughout the program.

The academic curriculum of the program provides students with numerous opportunities to develop professional and personal competencies associated with becoming counseling psychologists. In particular, extensive coursework, practical experiences, and other learning opportunities allow students to identify their strengths and assets with regard to their personal and professional development and to take risks to develop new competencies in various professional roles. The academic curriculum also reflects the importance of students (a)

developing professional identities as ethical counseling psychologists, (b) being socialized into the profession of counseling psychology, and (c) contributing to counseling psychology as a specialty discipline as well as to the broader field of applied psychology.

The Counseling Psychology Program is also firmly committed to issues pertaining to multicultural diversity and seeks faculty members, staff, and students who reflect such diversity, including, but not limited to, race, ethnicity, gender, age, sexual orientation, socioeconomic status, religious/spiritual orientation, disability status, and national origin. Moreover, issues of human diversity are largely integrated throughout the entire curriculum and, indeed, throughout the entire program in that students are actively exposed to numerous opportunities to develop competence in addressing issues pertaining to cultural and identity group membership with various populations. The program also seeks to create a milieu of growth, collaboration, and collegiality among faculty, staff, and students with regard to respecting and affirming various dimensions of cultural diversity.

Thus the specific goals of the program and their associated competencies prepare students to work in a variety of settings with emphasis on education (e.g. colleges and universities), health (e.g., outpatient clinics, hospitals, nursing homes, etc.) and related agencies. With the help of a Faculty Advisor, students register for required and elective courses, which in light of their previous preparation, special needs, and career objectives, will prepare them appropriately. Depending on their area of concentration and level of training, graduates have found employment in universities, colleges, medical schools, elementary and secondary schools, adult basic education centers, employment and training centers, rehabilitation centers, hospitals, mental health centers, industry, senior citizens centers, and community and government agencies.

Regardless of the eventual work setting, students in the program are expected by the end of their training to have achieved the following objectives:

1. Be capable of engaging in culturally-relevant and psychologically appropriate psychotherapeutic interventions that
  - (a) emphasize normal personal and interpersonal functioning,
  - (b) address dysfunction from a strengths-based perspective,
  - (c) consider developmental issues across the lifespan, and
  - (d) consider the role of environmental and contextual issues in individuals' lives.
2. Be competent in conducting research and effectively applying research to their professional work.
3. Possess the requisite foundations in core areas of professional psychology.
4. Be ethical scientist-practitioners.
5. Be socialized into the profession and able to contribute to counseling psychology as a specialty discipline, as well as to the broader field of applied psychology, through research, scholarship, conference presentations, and service.
6. Demonstrate an understanding of persons, groups, and organizations in their environmental contexts, including cultural, social, economic, educational, occupational, and institutional contexts.
7. Demonstrate multicultural competence in research and practice.
8. Be able to work in a variety of professional practice settings.

## Degree Summary

Counseling Psychology (COUN)

- Doctor of Philosophy (Ph.D.)

For a complete listing of degree requirements, please continue on to this program's "Degrees" section in this document

# Degree Requirements

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## Doctor of Philosophy (Ph.D.)

The program of study that follows is described in terms of full-time study. Some of the courses may be taken on a part-time basis. However, full-time study after the first 30 applicable credits is required unless the student can present persuasive evidence that his or her living and working circumstances have not prevented and will not prevent him/her from taking full advantage of the College's resources. Certain essential subjects and practica are offered only in the morning and early afternoon hours.

The doctorate is granted after successful completion of a minimum of 90 points of planned, sequential study beyond the bachelor's degree, of which at least 60 points must be taken at Teachers College. The doctoral program is accredited by the American Psychological Association and requires at least five years, including the equivalent of four years of academic study beyond the bachelor's degree and one calendar year of internship.

Please note that upon admission to the Ph.D. program in Counseling Psychology, students will receive a Doctoral Student Handbook for the Ph.D. program in Counseling Psychology which will provide updated policy, program features, and requirements (The most recent handbook is available on the program website). The program of study leading to the Doctorate in Counseling Psychology is guided by criteria adopted by the American Psychological Association for accredited programs in professional psychology.

The course of studies includes: scientific and professional ethics and standards; psychological measurement, statistics, and research design and methodology; knowledge and understanding of: (a) history and systems of psychology, (b) the biological basis of behavior, (c) the cognitive-affective bases of behavior, (d) the social bases of behavior (e.g., social psychology), and (e) individual behavior (e.g., personality theory and human development), intervention strategies and methods of inquiry; and preparation to undertake a doctoral dissertation.

In developing the necessary mastery of these areas, the student is expected to be attentive to the historical roots of counseling psychology, i.e., the study of individual differences, the vocational guidance movement and the mental health movement. Similarly, she or he is expected to be prepared for the probable future of counseling psychology in the areas of expertise represented by the faculty, especially the influence of social and cultural systems (home, family, workplace, and environment) on human development and change.

In addition to core requirements, courses in specific and specialized areas of counseling psychology are available. Courses in the department are supplemented by appropriate offerings in other programs and departments at Teachers College and Columbia University.

Please note that satisfactory performance in the program is defined as no incomplete grades and no courses in which the grade earned is lower than B. Academic dishonesty and unethical behavior may be grounds for immediate dismissal from the program (master's or doctoral). Specific information regarding curriculum requirements are contained in the Doctoral Student Handbook. In addition to coursework, a number of other academic experiences are required.

### **Doctoral Certification**

Candidacy as a doctoral student expires after a certain number of years. Ph.D. candidates must complete all degree requirements within seven years of first entering the program (six years if they have an applicable master's degree or 30 points of advanced standing prior to doctoral admission).

Counseling Psychology students do not become official candidates for the degree of Doctor of Philosophy until they have passed 1) a College-Wide Psychology Research Methods Exam, and 2) a Program Comprehensive exam which includes both a written exam and the submission of a Research Competence

project paper. The written exam covers several areas in Counseling Psychology, including: (1) theoretical concepts; (2) core psychology course work; (3) clinical interventions; (4) assessment in career work and personal/social counseling; (5) professional issues such as ethics, professional trends, and developments in counseling psychology. Cultural issues will be infused into the content questions in the exam. In addition, they must satisfy all other requirements for certification prescribed by the Office of Doctoral Studies. Students who fail to take the certification examination at the appropriate point in their studies are subject to certain penalties. Also there are annual evaluations done annually to facilitate students' timely completion of the Ph.D. degree (See Doctoral Student Handbook for more information).

### **Practicum and Externship**

Practicum placements are available both on-campus and off-campus. The Dean Hope Center for Educational and Psychological Services (CEPS) is an in-house training clinic located at 657 Thorndike Hall. Students may petition program faculty to complete practicum placements off-campus and should contact the Fieldwork Coordinator for further information. A year-long externship placement may be required of students who do not obtain sufficient clinical hours during their practicum rotations.

### **Internship**

For doctoral students only. Supervised experience in approved and appropriate agencies, institutions, and establishments. Students are required to petition faculty for internship training and must be approved to apply for internship. Students must have completed all coursework during the academic year in which they are applying for internship. Students must have passed all certification and comprehensive examinations as well as have an approved dissertation proposal.

### **The Dissertation**

For most doctoral students, the completion of course requirements presents few problems. Successful completion of a dissertation is usually less easily managed. Unless carefully planned in advance, it can prove a difficult hurdle. Accordingly, the program has several built-in features designed to facilitate the formulation and successful execution of an acceptable dissertation proposal and assistance in completing the dissertation. These include the completion of a research competence project, the Dissertation Seminar course, and a Review of Research course.

## Application Information

An undergraduate major in psychology or one of the other social or behavioral sciences is desirable but not essential. It is expected that the personal statement which accompanies the student's application will show a realistic assessment of the student's professional interests and goals, as well as how she/he fits with the doctoral program's training objectives.

Applicants for the doctoral program are considered for fall admission only. For doctoral applicants, all admissions materials must be received by the final application deadline as advertised by the College. See the Admissions section of this bulletin for more information.

### *Doctoral Program Applications:*

Doctoral applicants must submit all credentials, along with their scores on the Graduate Record Examination General (Aptitude) Test by the application deadline. Doctoral applicants also are required to submit a copy of a recently completed paper on a topic of interest to them. This may be, but does not have to be, a paper submitted to satisfy course requirements. Admissions decisions are made once a year. All admissions materials must be received by the final deadline. See the Admissions section of this bulletin for more information.

Although admission to the Ph.D. program requires final acceptance by the Columbia University Graduate School of Arts and Sciences, as well as Teachers College, the administrative details for this process are managed via the Teachers College Admission Office. Applicants should not submit an application to the Graduate School of Arts and Sciences. The Graduate School of Arts and Sciences requires that applicants have a baccalaureate degree with 90 points of liberal arts credit.

Preference is given to candidates with excellent verbal and quantitative skills whose transcripts, references, performance in an admissions interview, and previous work experience suggest that they have the potential to make a significant contribution to theory, research, practice, or policy-making.

Experience has shown that the doctoral program may not be the most appropriate program of study for students who wish to become psychotherapists. Applicants who are so motivated are advised to seek admission to the Ed.M. program in Psychological Counseling or to a different doctoral program in professional psychology.

## Faculty List

### Faculty

MELANIE ELYSE BREWSTER  
Associate Professor of Counseling Psychology

RIDDHI SANDIL  
Assistant Professor of Practice

GEORGE VINCENT GUSHUE  
Associate Professor of Psychology and Education

LAURA SMITH  
Associate Professor of Psychology and Education

CINDY YI-SHAN HUANG  
Assistant Professor of Counseling Psychology

DERALD W SUE  
Professor of Psychology and Education

DOUGLAS MENNIN  
Professor of Clinical Psychology

BRANDON L. VELEZ  
Assistant Professor

MARIE L MIVILLE  
Professor of Psychology and Education

### Lecturers

DEFNE AKOL

Lecturer

KIMBERLY BARANOWSKI  
Full Time Lecturer

GREGORY JAMES PAYTON  
Lecturer

ELIZABETH D FRAGA  
Lecturer

## Adjunct

MICHAEL JEROME KOSKI  
Adjunct Assistant Professor

GILBERT B TUNNELL  
Adjunct Associate Professor of Psychology and  
Education

ANDREA BETH SAFIRSTEIN  
Instructional Staff

## Instructors

DAVID E GREENAN



## Course List

### **CCPJ 4062 Medical aspects of disabilities and rehabilitation**

Limiting aspects of the major physical and emotional disabilities. Understanding and using medical knowledge in rehabilitation counseling.

### **CCPJ 4064 Theories of Counseling**

Approaches to counseling; theories and research findings; educational, vocational, and personal counseling; typical problems; illustrative cases.

### **CCPJ 4066 Foundations of testing and accountability**

Introduces students to foundational concepts/skills in testing, emphasizing the principles of design, selection, validation, and appropriate use of formal and informal assessment tools for classroom instruction and various other practice-based, research, clinical, and/or accountability contexts. The course is particularly geared towards educational practitioners and other professionals who use data from assessments to inform their day-to-day practices or for research.

### **CCPJ 4068 Counseling women**

Emphasis on the factors that influence the familial and intrapsychic issues of women. The integration of theories provides a framework for understanding the implications of women's development for counseling and psychotherapy.

### **CCPJ 4070 Counseling Linguistically Diverse Populations: Latina/o Psychology**

This course will focus on gaining knowledge of the diverse demographic make-up of Latinos, including multiple races, ethnicities, cultures, values, beliefs, traditions, social classes, and reasons for immigration. Students will learn the psychosocial issues impacting Latinos in the US and culturally linked factors known to influence the therapeutic treatment process, including immigration, racism, poverty, and acculturation. The course will also cover the recent counseling research on culturally relevant psychological assessment instruments and empirically supported treatments for Latinos.

### **CCPJ 4160 School counseling for children and adolescents**

Principles and practices in the guidance of children and adolescents examined from a multidisciplinary and multicultural perspective with special emphasis on facilitating developmental processes of school, family, and community contexts. The role of the Guidance Counselor in developing preventive and rehabilitative interventions in urban and suburban schools/communities will be considered. Special fee: \$15.

### **CCPJ 4165 Consultation in community agencies and resources**

Community services and programs in family and personal counseling, health and child care, mental health, career counseling, job placement, and service to the aged.

### **CCPJ 4560 Professional and ethical issues in psychological counseling**

Professional orientation for Ed.M. students in psychological counseling. Ethics and professional issues; employment opportunities and work settings (masters only).

### **CCPJ 4873 The Winter Roundtable on cultural psychology and education**

An annual national conference where top leaders in education and psychology share their expertise.

### **CCPJ 4902 Research and Independent Study in Psychological Counseling**

### **CCPJ 5020 Racism and racial identity in psychology and education**

A review of the debate on the influence of race and racism on education, mental health, and other social sciences. Introduction of current theoretical and research developments which explore the influence and role of racial identity (black and white) in individual development and professional practice.

### **CCPJ 5025 Group Counseling**

Prerequisite: Admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology; CCPJ 4064, CCPJ 5371. Students will explore the functions of group counseling in meeting client needs. Emphasis will be placed on theory and principles of group process and on the development of group skills through participation in class role-plays and in a group counseling experience. Attention to the practice of effective group leadership will also be addressed.

### **CCPJ 5060 Assessment in Counseling Psychology**

The course is designed to provide an overview of the basic principles, theories, issues and practices in the field of psychological testing. Tests of both cognitive and personality functioning will be included, with emphasis on identification of both problems and strengths. Special fee: \$40.

### **CCPJ 5061 Assessment in Counseling Psychology**

Open only to doctoral students in Counseling Psychology. Students will explore a range of contemporary issues in testing and will also receive supervised testing experience in a hospital or clinic. This course is offered in the spring only for the students who have completed CCPJ 5060.

### **CCPJ 5062 Career Counseling and Development**

General concepts of career development and methods of assessment in career counseling. This course also highlights various issues related to the career development of diverse client populations in light of contemporary socio-political phenomena.

### **CCPJ 5063 Psychological and cultural aspects of disability and rehabilitation**

Personality theory and physical disabilities. Personality and environmental variables in the adjustment and rehabilitation process.

### **CCPJ 5064 Marriage and family therapy: Theory and practice**

Open to majors in counseling and clinical psychology and to others with appropriate backgrounds. The course focuses on the relationship between self and system. Integrative theory models based on systemic thinking are explored. Family systems approaches relevant to working with individual adults, children, couples, and families are studied. Illustrative cases are presented and discussed.

### **CCPJ 5065 Psychology of the undergraduate: Issues for counseling and psychology**

Theory and research on the psychological development of women and men. Focus on intellectual, psychosocial, moral, and vocational development with attention to the needs of special student groups and to the campus context and climate. Institutional structures and responses. Issues for counseling and education.

### **CCPJ 5164 Multicultural counseling and psychology**

Introduces students to a range of approaches used in psychology and other disciplines for developing therapeutic interventions across diverse racial, cultural, and linguistic groups. Examination of culturally indigenous perspectives of and approaches to mental health and healing. Introduction to culturally based counseling methods.

### **CCPJ 5165 Racial-cultural counseling laboratory**

Permission and application required. Prerequisites: Admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology; CCPJ 4064, CCPJ 5371, CCPJ 5025, and either CCPJ 5020 or CCPJ 5164. An advanced experiential skill-oriented and didactic course with limited enrollment (30) intended to provide insights into the racial, social, and cultural factors in the development of relationships in counseling. The course uses a minimum competence model focused on self-exploration and the use of counseling skills.

### **CCPJ 5260 Fieldwork in psychological counseling and rehabilitation**

Limited to second-year students in Ed.M. program in Psychological Counseling. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor. Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371 and either HUDK 4022, 4023, 4024, or HUDK 5029 (or approved substitutes). Supervised experience in various types of social agencies, rehabilitation agencies, career counseling centers, business establishments, educational institutions, and facilities serving the elderly. Normally a

minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor.

### **CCPJ 5263 Supervised fieldwork in elementary school counseling**

Limited to second-year students in Ed.M. program in Psychological Counseling specializing in elementary guidance. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor.

Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371; and either HUDK 4022, 4023, 4024 or HUDK 5029 (or approved substitutes). Normally, a minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor. Special fee: \$20.

### **CCPJ 5265 Supervised fieldwork in secondary school counseling**

Limited to second-year students in Ed.M. program in Psychological Counseling specializing in secondary guidance. Required: Written application by the last Wednesday in September for spring and summer and by the first Wednesday in February for fall and permission of the instructor.

Prerequisites: CCPJ 4064, CCPJ 5025, CCPJ 5062, CCPJ 5371; and either HUDK 4022, 4023, 4024 or HUDK 5029 (or approved substitutes). Normally, a minimum of two semesters is required at 2 points per term. Additional points of credit may be added only with the approval of the instructor. Special fee: \$20.

### **CCPJ 5360 Practicum in career and personal counseling**

Limited enrollment. Required: Written application by April 15 and permission of the instructor.

Prerequisites: CCPJ 4064, CCPJ 4560, CCPJ 5062, CCPJ 5371 and Child Abuse Reporting/ Violence Prevention Workshop. Limited to second-year students (30 or more points) admitted to the Ed.M. program in Psychological Counseling. Supervised practice in vocational appraisal and short-term educational and personal/ career counseling. Students work with clients of the Dean Hope Center. Class meets in Dean Hope Center.

### **CCPJ 5368 Supervision and teaching of counseling**

Permission required. Prerequisite: Successful completion of appropriate practica in individual and/or group counseling. Experience in practicum supervision and related teaching activities under the guidance of a faculty member. Enrollment not limited to one term.

### **CCPJ 5371 Foundations of counseling**

Permission required. Limited enrollment. Prerequisite: For majors section, admission into the Ed.M. program in Psychological Counseling or Ph.D. program in Counseling Psychology, CCPJ 4064 completed or taken concurrently; for non-majors section, CCPJ 4064 recommended but not required. A laboratory experience for counselors and others in the helping professions. Practice in clarifying, understanding, and responding to personal communications. Graduated exercises and videotapes are used to develop counseling and interviewing skills and desirable counselor attitudes. Special fee: \$30.

### **CCPJ 5372 Foundations of counseling skills II**

Permission required. Limited Enrollment. Continuing laboratory experience for helping professionals in further development of basic counseling skills with emphasis on increasing one's self-awareness and self-reflective ability. Practice and experience in attending, influencing and helping skills through in-class discussions, experiential activities, weekly journals, and counseling/ clinical integration.

Exploring assets and defenses that may facilitate or hinder therapeutic transactions.

### **CCPJ 5560 Review of research in counseling psychology**

Required of and limited to doctoral candidates in counseling psychology. Exploration of theoretical and methodological approaches in counseling psychology.

### **CCPJ 6260 Advanced fieldwork**

Permission required. Limited to advanced students in the Ed.M. program in Psychological Counseling who have completed the regular fieldwork sequence in their area of concentration.

Registration not limited to one semester.

### **CCPJ 6330 Basic practicum in individual counseling and psychotherapy**

Open only to doctoral students in counseling psychology. Permission required and enrollment limited. Individual work with clients under supervision on a range of issues and problems. Personal, social, relationship, educational, and vocational adjustment and developmental focus.

### **CCPJ 6350 Externship in counseling psychology**

Year-long placement in a field-setting for clinical experience. (Required for doctoral students). Students petition to be placed into a supervised two-day-a-week training site and see individual and group counselors. To apply, students must complete practicum sequence, pass certification/comprehensive examinations, and have completed most coursework. For students to be eligible for externship they need to have completed at least two years of coursework and three years of practicum. Externships involve students applying to affiliated programs (i.e., institutions and organizations with which we have established affiliation agreements). We require students to be on site for at least two days a week for eight to ten months, that the students be supervised by a licensed psychologist, and that the students be trained in individual and group modes of service delivery.

### **CCPJ 6360 Practice in Psychological Counseling**

Required: permission of the instructor. For advanced doctoral candidates in counseling psychology. Course involves a weekly seminar, client assignments with individual supervision, and exposure to a range of theoretical approaches to the clinical/counseling interview. Students register for 4 points each term.

### **CCPJ 6362 Group practicum**

Permission required. Students must submit written application by the midterm date of the preceding semester. Limited to advanced students with appropriate backgrounds in group work. Students will practice group counseling skills in selective settings.

### **CCPJ 6363 Advanced group and family systems practicum**

Permission required. Prerequisites: CCPJ 5025. (Year Course). Advanced group supervision to provide service to clients in the Dean Hope Center and/or outside agencies.

### **CCPJ 6368 Advanced supervision and teaching of counseling**

Permission required. Supervision and related teaching activities for advanced doctoral students under the guidance of a faculty member. Registration not limited to one term.

### **CCPJ 6460 Internship in Counseling Psychology**

Permission required. For doctoral students in counseling psychology only. Supervised experience in approved and appropriate agencies, institutions, and establishments. Students are required to petition faculty for internship training to be approved to apply for internship. Students must have completed all coursework during the academic year in which they are applying for internship. Students would have to have passed all certification and comprehensive examinations as well as to have an approved dissertation proposal.

### **CCPJ 6560 Advanced Professional Issues**

Students will familiarize themselves with a range of professional issues that affect their learning and development as counseling psychologists and will have the opportunity to explore topics not currently available in the curriculum. Limited to doctoral students in psychology.

### **CCPJ 6569 Professional ethics and standards in psychology**

Ethics and standards of psychological practice and research. Limited to doctoral students in psychology. Others by special permission.

### **CCPJ 6572 Multicultural competencies**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6573 Cross cultural research**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6574 Multicultural perspectives on social attitudes, identity, and development**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6575 Research models and procedures with racial/cultural emphases**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6576 Prevention, multicultural training, spirituality and counseling**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6577 Psychological interventions with older persons**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6578 Research practicum psychology undergrad major**

Permission of instructor required. Students participate in ongoing research under the direction of a faculty member. Participation includes formulation of hypotheses, identification of appropriate variables and measures, data collection and analysis, and preparation of research reports. Students register for two consecutive terms.

### **CCPJ 6902 Advanced Research and Independent Study in Counseling Psychology**

#### **CCPJ 7502 Dissertation seminar**

Permission required. Prerequisite: CCPJ 5560 and CCPJ 6572-CCPJ 6579. An advanced research course designed to facilitate the development of doctoral dissertations and presentation of plans for approval at all steps in the process. Required of all doctoral students before or after an approved proposal. Registration limited to two terms. For requirements, see section in catalog on Continuous Registration for Ed.D./Ph.D. degrees.

#### **CCPJ 7572 Advanced research practicum in counseling psychology**

Permission required. Prerequisite: CCPJ 6572-79. This course is a continuation of CCPJ 6572-79 and is only open to students who have completed two semesters of the prerequisite.

#### **CCPJ 8900 Dissertation Advisement**

Individual advisement on doctoral dissertation. Fee to equal 3 points at current tuition rate for each term.