

## **PRERNA ARORA, PH.D., M.ED.**

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### **EDUCATION**

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- Aug 2012- July 2014    **Postdoctoral Fellowship**  
**University of Maryland**, School of Medicine, Center for School Mental Health  
 (Advisor: Sharon H. Stephan, Ph.D.)
- Aug 2012                **Doctor of Philosophy in School Psychology** (APA Accredited)  
**The University of Texas at Austin**, Dept of Educational Psychology  
*Dissertation: Mechanisms of Change in Cognitive Behavioral Therapy for Depressed Early Adolescent Females: Mediating Effects of Cognitive, Behavioral, Problem Solving, and Relational Components of the school-based ACTION Treatment for Depression*  
 (Dissertation Co-Chairs: Kevin Stark, Ph.D. & Cindy Carlson, Ph.D.)
- July 2012                **Predoctoral Clinical Child Psychology Internship** (APA Accredited)  
**The Children’s Hospital of Philadelphia**  
 Specialization in Clinical/Community/School Psychology  
 (Training Director/Supervisors: Paul Robins, Ph.D., Stephen S. Leff, Ph.D., Stephen L. Soffer, Ph.D.)
- July 2012                **Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Fellowship**  
**The Children’s Hospital of Philadelphia**  
 (Training Directors: Nathan Blum, M.D., Judy Silver, Ph.D.)
- Aug 2009                **Master of Arts in Educational Psychology**  
**The University of Texas at Austin**  
*Master’s Report Title: Mechanisms of Change in Cognitive Behavioral Therapy for Depressed Biethnic Preadolescent Females: The Effect of Group Cohesion on the Treatment of Depressive Symptoms*  
 (Master’s Thesis Chair: Kevin Stark, Ph.D.)
- May 2004                **Master of Education**, Dept of Curriculum and Instruction  
**Arizona State University**  
*Master’s Report Title: The Need for Improved Sexuality Education in American Schools*
- May 2002                **Bachelor of Science in Biology, Summa Cum Laude**  
 Minor: French  
**Arizona State University**

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## CREDENTIALS

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- Licensed Psychologist, New York 021875-1

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## ACADEMIC APPOINTMENT

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- Sept 2018 – current     **Assistant Professor**  
Department of Health and Behavioral Studies  
Columbia University, Teachers College
- Sept 2014 – Aug 2018     **Assistant Professor**  
Department of Psychology, School-Child Clinical Psychology Doctoral Program  
Pace University
- Aug 2014 – July 2017     **Visiting Assistant Professor**  
Department of Psychiatry, School of Medicine  
University of Maryland

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## HONORS & AWARDS

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- June 2018                     APA Early Career Achievement Award
- June 2017                     Division 52 International Psychology Early Career Award
- June 2017                     APA Early Career Achievement Award
- April 2017                     National Register Credentialing Scholarship (\$395)
- April 2017                     Society for Research on Child Development, Early Career Award (\$500)
- June 2016                     Health Equity Leadership Institute, Fellow
- July 2015                     APA Minority Fellowship Program Psychology, Summer Institute Fellow
- June 2015                     Pace University Kenan Award for Faculty Development (\$1,200)
- May 2015                     Pace University Faculty Summer Grant (\$750)
- Feb 2015                     Society for the Study of School Psychology, School Psychology Research  
Collaboration Conference (\$400)
- Sept 2014                     APA Committee on Early Career Psychologists (ECP) Honorable Mention Poster  
– Division 16 ECP
- April 2014                     APA Advanced Training Institute Travel Grant (\$500)
- Nov 2013                     APA Division 16 Diversity Mentoring Program Mentee Award (\$100)
- May 2011                     Society for the Study of School Psychology Dissertation Grant Award (\$1,500)
- Aug 2010                     University Continuing Fellowship (\$26,000); Awarded for excellence in  
academics and research
- May 2010                     Beeman Phillips Outstanding Researcher Award (\$1,000)
- April 2010                     Texas Leadership Society, Graduate Student Award
- 2008-2012                     Professional Development Student Travel Award, Dept of Educational  
Psychology (\$600 each); awarded annually
- Aug 2006                     Joseph L. Henderson and Katherine D. Henderson Foundation Student  
Scholarship (\$1,000)

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## FUNDED PROJECTS

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- 2016                             Principal Investigator, *Evaluating a Brief Behavior Rating Scale as a Progress  
Monitoring Measure for Depression in Schools*, \$16,020.90

- Society for the Study of School Psychology, Early Career Research Award Program
- 2015 Principal Investigator, *Cultural Adaptation of an Evidence-Based Intervention for Depressed Immigrant Adolescents*, \$3,000  
Pace University Internal Grant
- 2014 Principal Investigator, *Attitudes Toward Help Seeking Behaviors in Asian Youth in Schools*, \$2,500  
Pace University Internal Grant
- 2013 Project coordinator and co-evaluator (PI: Nancy Lever, PhD), *The Interprofessional Training Program in Schools, Military and Recovering from Trauma (ITP-SMART)*, \$537,142  
Graduate Psychology Education Grant  
Health Resource and Services Administration
- 2013 Principal Investigator, *Psychosocial Interventions in Pediatric Primary Care*, \$1,000  
Johns Hopkins University, Center for Mental Health Services in Pediatric Primary Care
- 2011 Principal Investigator, *Mechanisms of Change in Cognitive Behavioral Therapy for Depressed Preadolescent Females: Effects of Cognitive, Relational, Behavioral, and Problem Solving Interventions on Depressive Symptoms*, \$1,500  
Society for the Study of School Psychology
- 2010 Project Coordinator (PI: Cindy Carlson, Ph.D.), *Training in Integrative Health Care Services for Children, Adolescents, and Families*, \$370,000  
Graduate Psychology Education Grant  
Health Resource and Services Administration

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## PUBLICATIONS

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### SUMMARY

- 38 peer review publications (29 dating to start of tenure-track contract in 2014, 19 as first author), 5 book chapters, 2 treatment manuals.
- 3 co-edited special issues of journals
- First author has the most responsibility in my discipline

### REFEREED JOURNAL ARTICLES

\* = student co-author

- <sup>38</sup>. **Arora, P. G.**, Collins, T. A., Dart, E. H., \*Hernández<sup>4</sup>, S., \*Fetterman, H., & Doll, B. (online). Multi-tiered systems of support for school-based mental health: A Systematic Review of depression interventions. *School Mental Health*.
- <sup>37</sup>. **Arora, P. G.** & \*Persaud, S. (online). Suicide among Guyanese youth: Barriers to mental health help-seeking and recommendations for suicide prevention. *International Journal of School & Educational Psychology*.

- <sup>36</sup> Fisher, S., Wheeler, L.A, **Arora, P.G.**, Chaudry, J., & Barnes-Najor, J. (In press). Support Networks and Substance use in Multiracial Youth: The Moderating Role of Ethnic Identity. *Journal of Substance Use and Misuse*.
- <sup>35</sup> Collins, T. A., Dart, E. H., & **Arora, P. G.**, (online). Addressing the Internalizing Behavior of Students in Schools: Applications of the MTSS Model. *School Mental Health*.
- <sup>34</sup> Dart, E. H., **Arora, P. G.**, Collins, T. A., & Doll, B. (online). Progress Monitoring Measures for Internalizing Disorders: A Systematic Review of the Literature. *School Mental Health*.
- <sup>33</sup> **Arora, P. G.**, & \*Algios, A. (online). School based mental health for Asian American immigrant youth: Perceptions and recommendations. *Asian American Journal of Psychology*.
- <sup>32</sup> Melchert, T.P., Berry, S., Grus, C., **Arora, P.G.**, De Los Reyes, A., Hughes, T., Moye, J., Oswald, F., & Rozensky, R.H. (online). Applying task for recommendations on integrating science and practice in health service psychology. *Training and Education in Professional Psychology*.
- <sup>31</sup> Dart, E. H., **Arora, P. G.**, Collins, T. A., Stark, K., Cook, C., Duong, M., McCarty, M. & Doll, B. (online). Development of a brief behavior rating scale for progress monitoring of depression in school settings. *Assessment for Effective Intervention*.
- <sup>30</sup> **Arora, P. G.**, Baker, C. N., Krumholz, L. K., & Stark, K. D. (online). Components analysis of a school-based cognitive-behavioral treatment for youth depression. *Journal of Clinical Child and Adolescent Psychology*.
- <sup>29</sup> **Arora, P. G.**, \*Levine, J., & Goldstein, T. (2019). School psychologists' interprofessional collaboration with medical providers: Training, preparedness, and current practices. *Psychology in the Schools*, 56(4), 554-568.
- <sup>28</sup> **Arora, P. G.**, & Wheeler, L. (2018). Depressive symptoms in Mexican-origin adolescents: Interrelations between school and family contexts. *Contemporary School Psychology*, 22(3), 266-278.
- <sup>27</sup> Thorn, S., & **Arora, P. G.** (2018). Teleconsultation to support the education of students with visual impairments: A program evaluation. *Journal of Educational and Psychological Consultation*, 28(3), 319-341.
- <sup>26</sup> Connors, E., **Arora, P. G.**, \*Blizzard, A., Coble, K., Harrison, J., Coble, K.,...& Wissow, L. (2018). When behavioral health concerns present in pediatric primary care: Factors influencing provider decision-making. *Journal of Behavioral Health Services & Research*, 45(3), 340-355.
- <sup>25</sup> Pidano, A., **Arora, P. G.**, Gipson, P., Honigfield, L., Hudson, B., & Schellinger, K. (2018). Psychologists and pediatricians in the primary care sandbox: Communication is key to cooperative play. *Journal of Clinical Psychology in Medical Settings*, 25(1), 32-42.
- <sup>24</sup> **Arora, P. G.**, Wheeler, L. A., Fisher, S., & Barnes, J. V. (2017). A prospective examination of anxiety as a predictor of depressive symptoms among Asian American early adolescent youth: The role of parent, peer, and teacher support and school engagement. *Cultural Diversity and Ethnic Minority Psychology*, 23(4), 541-550.

23. **Arora, P. G.**, Connors, E., Coble, K., \*Blizzard, A., Wissow, L., & Pruitt, D. (2017). Pediatric primary care providers' use of behavioral health consultation. *Psychiatric Services*, 68(6), 531-534.
22. **Arora, P. G.**, Godoy, L., & Hodgkinson, S. (2017). Serving the underserved: Cultural considerations in behavioral health integration in pediatric primary care. *Professional Psychology: Research and Practice*, 48(3), 139-148.
21. **Arora, P. G.**, Brown, J., Harris, B., & Sullivan, A. (2017). Professional development needs and training interests: A survey of early career school psychologists. *Contemporary School Psychology*, 21(1), 49-57.
20. Nastasi, B., **Arora, P. G.**, & Varjas, K. (2017). The meaning and importance of cultural construction for global development. *International Journal of School & Educational Psychology*, 5(3), 137-140.
19. **Arora, P. G.**, Nastasi, B., & Leff, S. S. (2017). Rationale for the cultural construction of school mental health programming. *International Journal of School & Educational Psychology*, 5(3), 141-151.
18. **Arora, P. G.**, Connors, E., \*Blizzard, A., Coble, K., Gloff, N., & Pruitt, D. (2017). Dissemination and implementation science in program evaluation: A telemental health clinical consultation case example. *Evaluation and Program Planning*, 60, 56-63.
17. **Arora, P. G.**, Stephan, S. H., Becker, K. D., Wissow, L. (2016). Psychosocial interventions for use in pediatric primary care: An examination of providers' perspectives. *Family, Systems, & Health*, 34(4), 414-423.
16. **Arora, P. G.**, Connors, E. H., George, M. W., Lyon, A. R., Wolk, B. C., & Weist, M. D. (2016). Advancing evidence-based assessment in school mental health: Key priorities for an applied research agenda. *Clinical Child and Family Psychology Review*, 19(4), 271-284.
15. **Arora, P. G.** & Bohnenkamp, J. H. (2016). Collaborative practices and partnerships across school mental health and pediatric primary care settings. *Advances in School Mental Health Promotion*, 9(3-4), 141-147.
14. **Arora, P. G.**, Connors, E. H., \*Biscardi, K., & \*Hill, A. M. (2016). School mental health professionals' training, comfort, and attitudes toward interprofessional collaboration with Pediatric Primary Care providers. *Advances in School Mental Health Promotion*, 9(3-4), 169-187.
13. **Arora, P. G.**, Metz, K., & Carlson, C. (2016). Attitudes toward professional psychological help seeking in South Asian students: Role of stigma and gender. *Journal of Multicultural Counseling and Development*, 44(4), 263-284
12. **Arora, P. G.**, \*Kelly, J., & Goldstein, T. R. (2016). Current and future school psychologists' preparedness to work with LGBT students: Role of education and gay-straight alliances. *Psychology in the Schools*, 53(7), 722-735.
11. Baker, C. N., Brown, S., Wilcox, P. D., Overstreet, S., & **Arora, P. G.** (2016). Development and psychometric evaluation of the Attitudes Related to Trauma-Informed Care (ARTIC) scale. *School Mental Health*, 8(1), 61-76.

10. Morey, M., **Arora, P. G.**, & Stark, K. D. (2015). Multiple stage screening of youth depression in schools. *Psychology in the Schools*, 52(8), 800-814.
9. **Arora, P. G.**, Krumholz, L. K., Guerra, T., & Leff, S. (2015). Measuring community-based participatory research partnerships: The initial development of an assessment instrument. *Progress in Community Health Partnerships: Research, Education and Action*, 9(4), 549-560.
8. Schultz, B. K., **Arora, P. G.**, & Mautone, J. A. (2015). Consultation and coaching to increase the uptake of evidence-based practices: Introduction to the special issue. *School Mental Health*, 7(1), 1-5.
7. Connors, E., **Arora, P. G.**, Curtis, L., & Stephan, S. H. (2015). Evidence based assessment in school mental health. *Cognitive & Behavioral Practice*, 22(1), 60-73.
6. Stephan, S. H., Connors, E., **Arora, P. G.**, & Brey, L. (2013). A learning collaborative approach to training school-based health providers in evidence-based mental health treatment. *Children and Youth Services Review*, 35(12), 1970-1978.
5. Stark, K. D., Banneyer, K. N., Wang, L. A., **Arora, P. G.** (2012). Child and adolescent depression in the family. *Couple & Family Psychology: Research & Practice*, 1(3), 161-184.
4. Duzinski, S., Lawson, K. A., Maxson, T., Garcia, N. M., Calfa, N., Metz, K., Marroquin, Y., **Arora, P. G.**, Nguyen, K., Funk, C., & Stark, K. D. (2012). The association between positive screen for future posttraumatic stress symptoms and injury incident variables in the pediatric trauma care setting. *The Journal of Trauma and Acute Care Surgery*, 72(6), 1640-1646.
3. Tharinger, D., Finn, S., **Arora, P. G.**, Judd-Glossy, L., Ihorn, S., & Wan, J. (2012). Therapeutic assessment with children: Intervening with parents “behind the mirror.” *Journal of Personality Assessment*, 94(2), 111-123.
2. Stark, K. D., **Arora, P. G.**, & Funk, C. L. (2011). Training school psychologists to conduct evidence-based treatments for depression. *Psychology in the Schools*, 48(3), 272-282.
1. Hamilton, A., Fowler, J., Hersh, B., Austin, C. A., Finn, S., Tharinger, D., ... **Arora, P. G.** (2009). “Why won’t my parents help me?”: Therapeutic assessment of a child and family. *Journal of Personality Assessment*, 91(2), 108-120.

**BOOK CHAPTERS**

\* = student co-author

5. **Arora, P. G.** & \*Takeda, K. (in press). Evidence based interventions: An international perspective. In C. Hatzichristou & B. K. Nastasi (Eds.), *Handbook of school psychology in a global context*. New York, NY: Springer.
4. **Arora, P. G.**, Bohnenkamp, J., Van Eck, K., & Brandt, N. (2017). Depression. In C. J. Schrek (Ed.), *Encyclopedia of juvenile delinquency and justice*. New York, NY: Thompson Reuters.
3. Van Eck, K., **Arora, P. G.**, Bohnenkamp, J., & Brandt, N. (2017). Comprehensive gang models. In C. J. Schrek (Ed.), *Encyclopedia of juvenile delinquency and justice*. New York, NY: Thompson Reuters.
2. **Arora, P. G.**, Pössel, P. P., Barnard, A. D., Terjesen, M., Lai, B.S., Ehrlich, C.J., ... Gogos, A. K. (2015). Cognitive interventions. In R. Flanagan, K. Allen, & E. Levine (Eds.), *Cognitive and*

*behavioral interventions in the schools: Integrating theory and research into practice* (pp. 221-248). New York, NY: Springer.

- <sup>1</sup> Stark, K. D., Streusand, W., **Arora, P. G.**, & Patel, P. (2011). Treatment of childhood depression: The ACTION treatment program. In P.C. Kendall (Ed.), *Child and adolescent therapy: Cognitive behavioral procedures* (4<sup>th</sup> ed.) (pp. 190-233). New York, NY: Guilford Press.

#### **TREATMENT MANUALS**

\* = student co-author

- <sup>2</sup> Kendall, P. C., Stark, K. D., Martinsen, K., O'Neil, K., & **Arora, P. G.** (2013). EMOTION: Therapist Manual. (Translated into Norwegian.)

- <sup>1</sup> Kendall, P. C., Stark, K. D., Martinsen, K., O'Neil, K., & **Arora, P. G.** (2013). EMOTION: Group Leader Manual for Parents. (Translated into Norwegian.)

#### **UNDER REVIEW & UNDER REVISION**

\* = student co-author

- <sup>6</sup> **Arora, P. G.**, Wheeler, L. A., Fisher, S., \*Restituyo, M., & Barnes, J. (under review). A longitudinal examination of peer victimization on depressive symptoms among Asian American school-aged youth. *Asian American Journal of Psychology*.

- <sup>5</sup> \*Takeda, K., Rosenthal, L., & **Arora, P. G.** (under review). Internalizing symptoms, intersectional discrimination, and social support among Asian-Pacific Islander LGBTQ adults. *Journal of Counseling Psychology*.

- <sup>4</sup> **Arora, P. G.**, \*Persaud, S, & \*Parr, K. (under review). Risk and protective factors for suicide among Guyanese youth: Youth and stakeholder perspectives. *International Journal of Psychology*.

- <sup>3</sup> \*Talluru, S., \*Kanuri, N., \*Colaco, B., \*Dutta, R., \*Rawat, A., Newman, M. G., Manjula, M., Taylor, C. B., & Arora, P. G. (under review). Evaluation of an Online Anxiety Intervention for College Students in India: A feasibility study. *School Psychology International*.

- <sup>2</sup> Fisher, S., Zapolski, T.B., Lee, K., **Arora, P.G.**, & Barnes-Najor, J. (under review). Examination of the Structure and Measurement Invariance of the Multigroup Ethnic Identity Measure in a Diverse Sample of Adolescents. *Journal of Research on Adolescence*.

- <sup>1</sup> Bohnenkamp, J. H., Cammack, N., **Arora, P. G.**, Wissow, L., Pruitt, D., & \*Stephan, S. (under revision). Brief intervention to support caregiver depression in pediatric primary care. *Clinical Practice in Pediatric Psychology*.

#### **IN PROGRESS**

\* = student co-author

- <sup>2</sup> Wheeler, L. A. & **Arora, P. G.** Discrimination and educational attainment in Mexican immigrant families. To be submitted to *Journal of Youth and Adolescence*.

- <sup>1</sup> Stark, K. D., **Arora, P. G.**, Krumholz, L., & Jensen-Doss, A. Evaluation of cognitive behavioral therapy with and without parent training for the treatment of depressed girls. To be submitted to *Journal of Child and Adolescent Psychiatry*.

#### **STUDENT/PRACTITIONER ORIENTED PUBLICATIONS**

\* = student co-author

- <sup>8</sup> \*Rao, A., Myszkowski, N. T., & **Arora, P. G.** (under review). The acceptability and perceived effectiveness of a psychoeducational program on parent-adolescent relationships for Asian immigrant parents. *The School Psychologist*.

7. January, S. A., Gerber, N. W., & **Arora, P. G.** (2015). Reviewing Manuscripts for Publication. *The School Psychologist*, 69(4).
6. Gerber, N., **Arora, P. G.**, & Brown, J. (2015). Early Career Corner: Highlights from Convention 2015. *The School Psychologist*, 69(3).
5. Stein, R., Andretta, J., & **Arora, P. G.** (2015). Towards Structuring a Productive Summer: Tips for the Early Career Professional. *The School Psychologist*, 69(2).
4. Brown, J., **Arora, P. G.**, & Cooper, J. (2015) Addressing and Meeting the Needs of Division 16's Early Career Members. *The School Psychologist*, 69(1).
3. **Arora, P. G.**, Sullivan, A., Cooper, J., & Brown, J. (2014) The APA 2014 Convention: An early career focus. *The School Psychologist*, 68(3).
2. Thompson, K. & **Arora, P. G.** (2014) Preparing for the EPPP as a school psychologists: Division 16's new workgroup. *The School Psychologist*, 68(2).
1. **Arora, P. G.** (2014) Focus on early career psychologists: Division 16's new workgroup. *The School Psychologist*, 68(1), 25-27.

#### **TECHNICAL REPORTS**

\* = student co-author

3. Zachary, C., **Arora, P.**, Brown, J., Stephan, S., Crosby-Budinger, M., Coble, K.,...Wissow, L. (2013). Maryland Behavioral Health Integration in Pediatric Primary Care: Pilot Report.
2. Brown, J., Candelaria, M., Stephan, S., & **Arora, P. G.** (2012). Evaluation Plan for the Maryland Behavioral Health in Pediatric Primary Care Program. Washington, DC: Mathematica Policy Research.
1. Walkington, C., **Arora, P. G.**, Ihorn, S., Gordon, J., Walker, M., Abraham, L., & Marder, M. (2011). Development of the UTeach Observation Protocol: A Classroom Observation Instrument to Evaluate Mathematics and Science Teachers from the UTeach Preparation Program (UTeach Technical Report 2011-01). UTeach Natural Sciences, University of Texas at Austin.

#### **OTHER PUBLICATIONS**

\* = student co-author

1. **Arora, P. G.**, & Coble, K. (2013). The Maryland Behavioral Health Integration in Pediatric Primary Care (B-HIPP) Program. InPsych Newsletter.

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### **SCHOLARLY PRESENTATIONS**

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#### **REFEREED NATIONAL PRESENTATIONS**

\* = student co-presenter

73. \*Restituyo, M., **Arora, P. G.**, Wheeler, L. A., Fisher, S., & Barnes, J. (2019, April). *A longitudinal examination of peer victimization on depressive symptoms among Asian American school-aged youth*. Poster presented at the Annual Psychology Conference at Teachers College Columbia University, New York, NY.



72. \*Rao, A., Myszkowski, N. A., **Arora, P.G.** (2019, August). The acceptability and effectiveness of a psychoeducational program for Asian immigrant parents. In C. Wang (Chair), *Promoting mental health of Asian-American youth by engaging parents at school*. Symposium to be presented at the annual convention of the American Psychological Association, Chicago, IL.
71. **Arora, P.G.** (2019, August). Suicide among Guyana adolescents: Implications for school-based suicide prevention efforts. In C. Huang (Chair), *School-based approaches to promoting child and adolescent mental health*. Symposium to be presented at the annual convention of the American Psychological Association, Chicago, IL.
70. **Arora, P. G.**, Bloom, J., Ciftci, A., Leong, F., Gargi, R., Thompson, A. (2019, August). Experience learned and lessons learned in international work: Divisional and individual efforts. In A. Clinton & C. Duan (Co-Chairs). *Conversation Hour* to be presented at the annual convention of the American Psychological Association, Chicago, IL.
69. Wheeler, L. A., **Arora, P. G.**, & Delgado, M. Y. (November, 2018). Longitudinal links between discrimination and socioeconomic adjustment in Mexica-origin youth. In A. M. Landor (Chair), *Cultural intersections, discrimination, and well-being: Examining how discriminatory experiences impact the well-being of African Americans and Latinos*. Symposium presented at the National Council on Family Relations Conference, San Diego, CA.
68. \*Persaud, S., Arora, P. (September, 2018). *Suicide prevention program for Guyanese youth: Stakeholder and student perspectives on barriers to help-seeking*. Paper presented at the Division of South Asian Americans Conference (Asian American Psychological Association), New York, NY.
67. Rosenthal, L., Levy, S. R., **Arora, P. G.**, Deosaran, A., & Gronich, B. S. (August, 2018). Polyculturalism, globalization, and intergroup intentions in India and the U.S. Part of symposium, *Endorsement of Polyculturalism Cross-Culturally: Understanding Globalization and Intergroup Harmony*. Poster presented at the American Psychological Association Annual Convention: San Francisco, California.
66. \*Persaud, S., \*Kaplan, I., \*Bhatnagar, V., \*Spencer, S., \*Vitiello, V., & **Arora, P.** (August, 2018) *Developing a school-based suicide prevention program for Guyanese youth: Stakeholder perspectives*. Poster presented at the American Psychological Association Convention, San Francisco, CA.
65. **Arora, P. G.**, \*Algios, A., \*Rustam, K., & \*Dong, S. (2018, February). Asian American mental health: Implications for school-based mental health. In C. Wang (Chair), *Asian American mental health: Perspectives from youth, parents, and educators*. Symposium presented at the National Association of School Psychologists, Chicago, IL.
64. **Arora, P. G.** & \*Persaud, S. A. (2017, August). Suicide prevention in Guyana: Development and cultural context. In M. Terjesen (Chair), *Internationalizing school based research and practice: Practical suggestions and lessons learned*. Symposium presented at the American Psychological Association, Washington, D.C.
63. \*Algios, A., \*Rustam, K., \*Dong, S., & **Arora, P. G.** (2017, August). *Barriers to seeking mental health services among immigrant youth: Implications for school providers*. Poster presented at

the American Psychological Association, Washington, D.C. \*\*Selected for the Student Ribbon Winner at APA.

62. \* Persaud, S., \*Kaplan, I., \*Bhatnagar, V., \*Spencer, S., \*Vitiello, V., & **Arora, P. G.** (2017, July). *School-based suicide prevention program development in Guyana: Stakeholder perspectives and recommendations*. Poster presented at International Council of Psychologists (ICP) Conference, New York, NY.
61. **Arora, P. G.**, Wheeler, L., & Fisher, S. (2017, April). *Protective factors between anxiety and depressive symptoms in early adolescent Asian American youth*. Poster presented at the Society for Research in Child Development (SRCD) Conference, Austin, TX.
60. **Arora, P. G.**, \*Algios, A., \*Rustam, K., & \*Dong, S. (2017, April). Barriers to mental health help seeking in Asian immigrant youth: Implications for School Practice. In P.G. Arora & C. Valdez (Co-Chairs), *Engaging schools to address immigrant youth mental health*. Symposium presented at the Society for Research in Child Development (SRCD) Conference, Austin, TX.
59. Fisher, S., Wheeler, L., & **Arora, P. G.** (2017, April). *An examination of ethnic identity and support networks on the substance use of multiracial youth*. Poster presented at the Society for Research in Child Development (SRCD) Conference, Austin, TX.
58. \*Talluru, S., **Arora P. G.**, \*Colaco, B., Kanuri, N., Newman, M. G., Taylor C. B.... Manjula, M. (2016, December). *Evaluating the usability, feasibility, and acceptability of an online guided self-help program, customized for Indian college students*. Paper presented at the National Conference on Bridging the Mental Health Gap, Goa, India.
57. Wheeler, L., & **Arora, P. G.** (2016, November). *Discrimination and educational attainment in Mexican immigrant families*. Paper presented at the Annual Meeting of the National Council on Family Relations, Minneapolis, MN.
56. \*Rao, A., **Arora, P. G.**, Coble, K., & Connors, K. (2016, November). *Evaluation of a postgraduate early childhood mental health training: A pilot study*. Poster presented at the Primary Health Care: Striving for a Culture of Health Conference, New York, NY.
55. **Arora, P. G.**, Connors, E., \*Blizzard, A., Coble, K., Gloff, N., & Pruitt, D. (2016, August). *Dissemination and implementation science in program evaluation: A case example in pediatric primary care*. Poster presented at the American Psychological Association, Denver, CO.
54. **Arora, P. G.** (2016, August). Establishing teaching practices for early career faculty. In B. Harris (Chair), *Straight talk about faculty careers: Perspectives from early career trainers*. Symposium presented at the American Psychological Association, Denver, CO.
53. **Arora, P. G.** (Discussant). (2016, August). In J. Brown (Chair), *Developing a research agenda: Strategies for the early career professional*. Symposium presented at the American Psychological Association, Denver, CO.
52. **Arora, P. G.** (Discussant). (2016, August). In C. Carlson (Chair), *Training school psychologists for 21<sup>st</sup> century health care*. Symposium presented at the American Psychological Association, Denver, CO.

51. Baker, C. N., Brown, S., Wilcox, P., Overstreet, S., & **Arora, P. G.** (2016, August). *Measuring trauma-informed care using the Attitudes Related to Trauma-Informed Care (ARTIC) Scale*. Paper presented at the 21<sup>st</sup> Annual International Summit and Training on Violence, Abuse, and Trauma, San Diego, CA.
50. \*Hill, A. M., \*Biscardi, K. A., Connors, E. H., & **Arora, P. G.** (2016, May). *Interprofessional collaboration between school mental health and pediatric primary care professionals: Current status and future directions*. Paper presented at the 24<sup>th</sup> Annual Pace University Psychology Conference, New York, NY.
49. **Arora, P. G.** & Wheeler, L. (2016, April). *Depressive symptoms in Mexican-origin adolescents: Role of school and family contexts*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
48. Wheeler, L. A., **Arora, P. G.** & Timberlake, E. (2016, April). *Longitudinal links between Mexican-origin adolescents' contextual stress and health problems*. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
47. \*Biscardi, K. A., \*Hill, A. H., Connors, E. H., & **Arora, P. G.** (2016, March). *The role of school mental health professionals' training, comfort, and attitudes toward interprofessional collaboration with pediatric primary care providers*. Poster session presented at the meeting of the Eastern Psychological Association, New York, NY.
46. \*Rao, A., **Arora, P. G.**, Coble, K., & Connors, K. (2016, March). *Effectiveness of an early childhood mental health training: A pilot study*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
45. Wheeler, L. A., **Arora, P. G.** & Timberlake, E. (2016, February). *Mexican-origin adolescents' contextual stress and physical health*. Poster presented at the 20th Anniversary of Garcia Coll and colleagues' (1996) An Integrative Model for the Study of Developmental Competencies in Minority Children Meeting, Tempe, AZ.
44. **Arora, P. G.** & \*Rao, A. (2016, February). Development of a culturally-informed intervention for youth depression. In B. Nastasi (Chair), *Cultural construction of school psychological services: Research, practice, and training*. Symposium presented at National Association of School Psychologists, New Orleans, LA.
43. \*Levine, J., Goldstein, T., & **Arora, P. G.** (2016, February). *School psychologists' training, preparedness, and attitudes toward interprofessional collaboration*. Poster presented at National Association of School Psychologists, New Orleans, LA.
42. Connors, E., Sander, M., **Arora, P. G.**, Schmidt, K., George, M., & Wheatley-Rowe, D. (2015, November). *Practice - research partnerships to support the use of evidence-based assessment in schools*. Paper presented at the 20<sup>th</sup> Annual School Mental Health Conference, New Orleans, LA.
41. **Arora, P. G.** (2015, August). Early career professionals and grants. In **P.G. Arora** & N. Gelbar (Co-Chairs), *Developing your grant proposal: Tips for early career professionals*. Symposium presented at the American Psychological Association, Toronto, Canada.
40. **Arora, P. G.** (2015, August). The Maryland behavioral health integration in pediatric primary care program. In A. Pidano & D. Tynan (Co-Chairs), *Sharing the sandbox: What can psychologists*

*expect from pediatricians*. Symposium presented at the American Psychological Association, Toronto, Canada.

39. Diedrich, L., **Arora, P. G.**, Brown, J., Harris, B., & Sullivan, A. (2015, August). Recruiting and retaining early-career members in APA divisions: Insights from Divisions 16 and 49. In Davis, E.B. & Okozi, I.F. (Co-Chairs), *Early-career membership in APA Divisions and in SPTAs: Taking stock and moving forward*. Symposium presented at the American Psychological Association, Toronto, Canada.
38. Baker, C. N., Brown, S., Wilcox, P. D., Overstreet, S., & **Arora, P. G.** (2015, August). The Trauma-Informed Care Belief Measure: Examining the psychometrics of a scale. In S. Overstreet (Chair), *Translating research on trauma into evidence-based practices: Creating trauma informed schools*. Symposium presented at the American Psychological Association, Toronto, Canada.
37. **Arora, P. G.**, Suchday, S., Saha, S., & Kapur, S. (2015, June). *Psychosocial symptoms and risky health behavior among adolescents in India*. Poster presented at the International School Psychology Association, Sao Paulo, Brazil.
36. Nastasi, B., **Arora, P. G.**, & Leff, S. (2015, June). Cultural construction of school mental health programming: A rationale. In B. Nastasi & **P. G. Arora** (Co-Chairs), *Cultural construction of school mental health programming: Illustrations from the field*. Symposium presented at the International School Psychology Association, Sao Paulo, Brazil.
35. Wheeler, L. & **Arora, P. G.** (2015, March). *Contextual stressors and protective factors as linked to depressive symptoms among Mexican American immigrant adolescents*. Poster presented at the Society for the Research in Child Development, Philadelphia, PA. \*\*Selected for the Special Poster Session highlighting SRCD's Strategic Plan.
34. **Arora, P. G.**, Baker, C. N., Krumholz, L. S., & Stark, K. D. (2015, February). *Components analysis of a school-based CBT intervention for depressed adolescents*. Paper presented at the National Association of School Psychologists Convention, Orlando, FL.
33. Baker, C. N., Brown, S., Wilcox, P., Overstreet, S., & **Arora, P. G.** (2015, February). *Measuring trauma informed care in schools: A psychometric study*. Paper presented at the National Association of School Psychologists Convention, Orlando, FL.
32. **Arora, P. G.**, Stephan, S. H., Becker, K. & Wissow, L. (2014, December). *Incorporating psychosocial interventions in pediatric primary care*. Paper presented at the Conference of the Science of Dissemination and Implementation, Bethesda, MD.
31. **Arora, P. G.**, Brown, J., & Harris, B., Sullivan, A., Fiorello, C., & Terjersen, M. (2014, August). *Early career opportunities in Division 16: School Psychology*. Poster session presented at the American Psychological Association, Washington, DC.
30. Connors, E., **Arora, P. G.**, Curtis, L., & Stephan, S. H. (2013, November). A mixed-methods study of school mental health providers' perspectives on outcome assessment tools. In Connors, E. (Chair), *Considerations for dissemination and implementation of evidence-based practices and assessment in school settings*. Symposium presented for presentation at the Association of Behavioral and Cognitive Therapies, Nashville, TN.

29. **Arora, P. G.**, Stephan, S. H., Hershfeldt, P. A. & Alexander, A. L. (2013, August). Characteristics of university, school, and community partnerships: The Example of the MDS3 initiative. In **P. G. Arora** & C. Baker (Co-Chairs), *Partnering to implement evidence-based practices: Illustrations from school community programs*. Symposium presented at the American Psychological Association, Honolulu, HI.
28. **Arora, P. G.**, Haak, J., & Stephan, S. H. (2013, May). *School-based health centers: An assessment of mental health practices and needs*. Poster session presented at the University of Maryland School of Medicine Department of Psychiatry Research Day, Baltimore, MD.
27. Connors, E., **Arora, P. G.**, Curtis, L., & Stephan, S. H. (2012, November). *Barriers and facilitators to implementation of clinical assessment methodology in school mental health care*. Poster session presented at the Association for Behavioral and Cognitive Therapies, Dissemination and Implementation Science Special Interest Group, National Harbor, MD.
26. Curtis, L., Connors, E., **Arora, P. G.**, Stephan, S. H. (2012, September). *The use of assessment in school mental health: Preliminary analysis of clinician's perspectives*. Poster session presented at the Conference on Advancing School Mental Health, Salt Lake City, UT.
25. Metz, K., **Arora, P. G.**, & Carlson, C. (2012, August). *South Asian American's mental health beliefs: The roles of acculturation and stigmatization*. Poster session presented at the American Psychology Association, Orlando, FL.
24. Leff, S. S., Krumholz, L. K., & **Arora, P. G.** (2012, May). Measuring community-based participatory research partnerships: The development of an assessment instrument. In S. Leff (Chair), *Better understanding measure development through community-based participatory research: Three illustrations from throughout the process*. Symposium presented at the annual meeting of the Society for Prevention Research, Washington, DC.
23. **Arora, P.** (2012, May). Measuring community-based participatory research partnerships. In **P. G. Arora** (Chair), *Using qualitative and participatory research methods to better understand services and health outcomes*. Symposium presented at the annual Leadership Education in Neurodevelopmental Disabilities Research Meeting, Philadelphia, PA.
22. **Arora, P. G.**, Metz, K., & Carlson, C. (2012, May). *The under-utilization of psychological services within the South Asian American population and the role of perceived stigma*. Poster session presented at the Student Association of School Psychology and UT School Psychology Diversity Committee Conference, Austin, TX.
21. **Arora, P. G.** (2012, May). Interdisciplinary training experiences in integrated health care. In O. Martinez (Chair), *Addressing mental health care disparities through interdisciplinary training in integrated health care, cultural competence, and family systems*. Symposium presented at the American Psychiatric Association, Philadelphia, PA.
20. **Arora, P. G.**, Alvarez, K., Marroquin, Y., & Carlson, C. (2012, February). *Pediatric school psychology: An interdisciplinary training program*. Poster session presented at the National Association of School Psychology, Philadelphia, PA.
19. **Arora, P. G.**, Metz, K., & Carlson, C. (2012, February). *Perceived stigma and help-seeking behaviors in South Asian American youth*. Poster session presented at the National Association of School Psychology, Philadelphia, PA.

18. Leff, S. S., Krumholz, L. S., & **Arora, P. G.** (2012, February). Measuring relationships between community leaders and academic researchers: Development of a measure. In S. Leff (Chair). *Developing measures in urban settings through participatory action research*. Symposium presented at the National Association of School Psychology, Philadelphia, PA.
17. Marroquin, Y., **Arora, P. G.**, Alvarez, K., & Carlson, C. (2012, February). *Multicultural issues in supervision: Review of the literature and recommendations*. Poster session presented at the National Association of School Psychology, Philadelphia, PA.
16. Marroquin, Y., **Arora, P. G.**, Gray, J. S., Edwards, K. A., & Pont, S. J. (2010, November). *Impact of ethnicity and SES on health locus of control and childhood obesity program adherence*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, San Francisco, CA.
15. **Arora, P. G.**, Marroquin, Y., Gray, J. S., Edwards, K. A., & Pont, S. J. (2010, August). *Stages of change: Adherence to a pediatric obesity intervention program*. Poster session presented at the annual conference of the American Psychological Association, San Diego, CA.
14. Marroquin, Y., **Arora, P. G.**, J. S. Gray, Edwards, K. A., & Pont, S. J. (2010, August). *Health locus of control & childhood obesity intervention adherence*. Poster session presented at the annual conference of the American Psychological Association, San Diego, CA.
13. Pont, S. J., **Arora, P. G.**, Gray, J. S., Marroquin, Y., & Edwards, K. A. (2010, May). *Impacting physical and mental health: Healthy Living, Happy Living, a multidisciplinary intervention for overweight children and their caregivers*. Poster session presented at the annual Pediatrics Academic Societies Meeting, Vancouver, Canada.
12. Marroquin, Y., Alvarez, K., Pettit, S., & **Arora, P. G.** (2010, April). *Increasing parental involvement of Spanish speaking parents in their children's special education: A review of the literature*. Poster session presented at the Annual Conference in Human Development, Austin, TX.
11. **Arora, P. G.**, Marroquin, Y., Gray, J. S., Bluntzer, A., Supak, J.,...Pont, S. J. (2010, March). *Healthy Living, Happy Living: A family-based multidisciplinary childhood obesity intervention*. Poster session presented at the annual Center for Health Promotion Conference, Austin, TX.
10. **Arora, P. G.**, Krumholz, L. S., & Gray, J. S. (2009, November). *A Review of behavioral interventions for childhood obesity: Cultural considerations*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
9. Gray, J. S., **Arora, P. G.**, Krumholz, L. S., & Pont, S. J. (2009, November). *A multi-component intervention for overweight children and their caregivers: Impact on self-esteem, depression, and parenting stress*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
8. Krumholz, L. S., **Arora, P. G.**, Gray, J. S., & Stark, K. D. (2009, November). *Effect of group cognitive-behavioral therapy and parent training on family environment of depressed girls*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.

7. **Arora, P. G.**, Gerber, B., Gray, J. S., & Stark, K. D. (2009, August). *Cognitive-behavioral therapy for depression: Effects on academic competency*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.
6. **Arora, P. G.**, Tharinger, D., Ihorn, S., Judd, L., & Wan, J. (2009, August). *Live parental observation of testing in therapeutic assessment with children*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.
5. Gerber, B., **Arora, P. G.**, Gray, J. S., & Stark, K. D. (2009, August). *Cognitive-behavioral therapy for depression: Effects on social competency*. Poster session presented at the annual conference of the American Psychological Association, Toronto, Canada.
4. DiBiano, C., **Arora, P. G.**, Ihorn, S., Abraham, L., Walker, M., & Marder, M. (2009, July). *UTOP analysis of beginning math and science teachers: The first three years*. Poster session presented at Robert Noyce Scholarship Program PI Conference, Washington, DC.
3. **Arora, P. G.**, Krumholz, L. S., Marroquin, Y., Gray, J. S., Edwards, K. A., & Pont, S. J. (2009, March). *Implementing Healthy Living, Happy Living, an after-school intervention for overweight/obese youth: Lessons learned*. Poster session presented at the Central Texas Clinical Research Forum, Austin, TX.
2. **Arora, P. G.**, DiBiano, C., Abraham, L., Walker, M., & Marder, M. (2008, July). *Analyzing teacher quality: Development of a classroom observation protocol*. Poster session presented at Robert Noyce Scholarship Program PI Conference, Washington, DC.
1. **Arora, P. G.**, DiBiano, C., Abraham, L., Walker, M., & Marder, M. (2007, July). *A preliminary examination of Noyce Scholars as teachers*. Symposium presented at the Robert Noyce Scholarship Program PI Conference, Washington, DC.

#### **INVITED PRESENTATIONS**

\* = student co-presenter

14. **Arora, P. G.** (2019, January). Invited presentation for Psychology in Training Program NYC Department of Education. Treating Depression in Schools. New York, NY.
13. **Arora, P. G.** (2018, November). Invited presentation for Child and Adolescent Mental Health Project at Teachers College, Columbia University. Immigrant Youth and School Mental Health. New York, NY.
12. **Arora, P. G.** (2017, March). Invited presentation for Asian Americans for Equality. College Preparatory Day. New York, NY.
13. Harris, B., **Arora, P. G.**, & Sullivan, A. (2016, September). Speaker at Division 16 Webinar, Demystifying Academia: Faculty Roles & Responsibilities. APA Division 16.
12. **Arora, P. G.** (2016, March). Invited presentation for Asian Americans for Equality. College Preparatory Day. New York, NY.
11. **Arora, P. G.**, Nastasi, B., Naser, S. & Waltman, C. (2016, February). What grants can do for you: Demystifying training grants in school psychology. Workshop to be presented at the Trainers of School Psychology Conference, New Orleans, LA.

10. **Arora, P. G.** (2016, February). Invited presentation for Lower East Side Preparatory Academy. What Students bring to the Classroom: Information for Educators. New York, NY.
9. **Arora, P. G.**, Connors, E., & Blizzard, A. (2015, September). Invited presentation for the Maryland Behavioral Health Integration in Pediatric Primary Care Writing Club, Baltimore, MD.
8. **Arora, P. G.** (2015, March). Invited presentation for Maryland Behavioral Health: Community Partnered School Behavioral Health. School Language and Policy. Baltimore, MD.
7. **Arora, P. G.** (2014, March). Mental health screening in pediatric primary care. Presented at the Resident Training Seminar at the University of Maryland School of Medicine.
6. **Arora, P. G.** (2013, February). Social emotional learning: The research base. Presented at the Association of Baltimore Area Grantmakers.
5. **Arora, P. G.** (2013, January). Common elements in pediatric primary care: A pilot study. Presented at the Center for Mental Health Services in Pediatric Primary Care, Johns Hopkins University.
4. **Arora, P. G.** (2012, November). Mental health screening in pediatric primary care. Presented at the Resident Training Seminar at the University of Maryland School of Medicine.
3. **Arora, P. G.** (2012, April). Depression screening in pediatric primary care. Presented at the Resident Training Seminar at the Children's Hospital of Philadelphia.
2. **Arora, P. G.** (2011, November). Mechanisms of change in cognitive behavioral therapy. Presented to the faculty at the Center for ADHD at Children's Hospital of Philadelphia.
1. **Arora, P. G.** (2011, October). Mechanisms of change in cognitive behavioral therapy for depressed early adolescent females. Presented to the Department of Psychiatry and Behavioral Sciences at Children's Hospital of Philadelphia.

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## TEACHING & MENTORING

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### COURSES TAUGHT

*Pace University, New York, NY*

- Internship Seminar and Ethics, *Instructor* (PSY 750); September 2016-present
- Mentored Lab, *Instructor* (PSY 701); June 2016-present
- Introduction to School and Clinical Child Psychology, *Instructor* (PSY 502); January 2015-present
- Cognitive Behavioral Therapy, *Instructor* (PSY 722); January 2015-present
- Cognitive Behavioral Therapy Practicum, *Instructor* (PSY 509A); September 2014-present
- Ethics in Psychology, *Instructor* (PSY 696K); September 2015-December 2015
- Family Interventions, *Instructor* (PSY 829); September 2015-December 2015
- Cognitive Behavioral Therapy Advanced Practicum, *Instructor* (PSY 509A); September 2014-May 2015

*University of Maryland School of Medicine, Baltimore, MD*

- VA/MHCS/University of Maryland School of Medicine Psychology Internship Consortium, *Child and Adolescent Mental Health Seminar Coordinator*; May 2013 – Aug 2014



- Cognitive Behavioral Therapy Seminar, *Co-Instructor*; Aug 2012-May 2014 (Supervisor: Sharon Stephan, Ph.D., Department of Psychiatry)

*Goucher College, Baltimore, MD*

- Advanced Directed Research: Writing Workshop, *Co-Instructor* (PSY 398); August 2012 – May 2013 (Professor: Dara Friedman-Wheeler, Ph.D.)
- Psychology Distress & Disorders, *Co-Instructor* (PSY 271); August 2012 – May 2013 (Professor: Dara Friedman-Wheeler, Ph.D.)
- Health Psychology, *Co-Instructor* (PSY 239); August 2012 – May 2013 (Professor: Dara Friedman-Wheeler, Ph.D.)

**OTHER TEACHING EXPERIENCES**

*The University of Texas at Austin*

- Cognitive Behavioral Assessment and Intervention Practicum in Cognitive Behavioral Intervention, *Student Supervisor and Teaching Assistant* (Graduate Course); August 2008 – May 2011 (Professor: Kevin Stark, Ph.D.)
- Interpersonal Intervention with Children and Adolescents Practicum in Interpersonal Intervention, *Student Supervisor and Teaching Assistant* (Graduate Course); August 2010 – May 2011 (Professor: Deborah Tharinger, Ph.D.)
- Law, Ethics, and History of School Psychology, *Teaching Assistant* (Graduate Course); August 2010 – December 2010 (Professor: Kevin Stark, Ph.D.)
- Family Assessment and Intervention, *Student Supervisor* (Graduate Course); January 2010 – May 2010 (Professor: Cindy Carlson, Ph.D., University of Texas at Austin)
- Child and Adolescent Social and Cognitive Development, *Teaching Assistant* (Graduate Course); June 2009 – August 2009 (Professor: Cindy Carlson, Ph.D., University of Texas at Austin)
- Human Sexuality, *Teaching Assistant* (Undergraduate Course); August 2008 – August 2009 (Professor: Lawrence Brownstein, Ph.D., University of Texas at Austin)
- Curriculum & Instruction, *University Supervising Facilitator* (Undergraduate Course); August 2006 – December 2006 (Professor: Julie Jackson, Ph.D., University of Texas at Austin)

**GRADUATE ADVISING**

*Dissertation Advised*

- Persaud, S. (2019). The feasibility and effectiveness of a culturally-adapted school-based suicide prevention training in Guyana. (Doctoral Dissertation). Pace University.  
\* Recipient of the American Psychological Association, Division 16 Student Affiliates of School Psychology Advanced Diversity Scholarship.
- Evans, A. (2018). *Perceptions of ADHD among African American parents and caregivers of boys 5-14 years old* (Doctoral Dissertation). Teachers College, Columbia University, New York, NY.
- Torres-Mackie, N. (2018). *Growing up in a single-mother household: Managing stigma, enduring strain, and cultivating capacities* (Doctoral Dissertation). Teachers College, Columbia University, New York, NY.
- Rao, A. (2018). The Acceptability and Effectiveness of a One-Session Parent Psychoeducational Training for Immigrant Parents. (Doctoral Dissertation). Pace University.
- Hill, A. (2018). Feasibility, Acceptability, and Initial Effectiveness of a Group Treatment for Depression Among Immigrant High School Students. (Doctoral Dissertation). Pace University.

Takeda, K. (2017). Discrimination, Social Support, and Internalizing Symptoms Among Asian-Pacific Islander Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning Individuals: Exploring Intersectionality and Ecological Systems of Support. (Doctoral Dissertation). Pace University.  
\*Recipient of the Society for the Psychological Study of Social Issues Dissertation Award.

Levine, J. (2016). School Psychologists' Interprofessional Collaboration with Medical Providers: Training, Preparedness, Attitudes, and Current Practices. (Doctoral Dissertation). Pace University.

Lisle, K. (2015). The influence of accommodated testing on peer perception of likeability and personality. (Doctoral Dissertation). Pace University.

#### **GUEST LECTURES**

**Arora, P. G.** (November, 2016). Guest lecturer for Sonia Suchday, Ph.D. CBT and Psychotic Disorders. Evidence-Based Treatments. Pace University. New York, NY.

**Arora, P. G.** (November, 2015). Guest lecturer for Shobana Musti, Ph.D. Internalizing Disorders: Implications for Teachers. Educational Psychology. Pace University. Pleasantville, NY.

**Arora, P. G.** (November, 2014). Guest lecturer for Sonia Suchday, Ph.D. and Barbara Mowder, Ph.D. Cognitive Behavioral Therapy for Childhood Depression. Evidence-Based Treatments. Pace University. New York, NY.

**Arora, P. G.** (April, 2014). Guest lecturer for Nancy Lever, Ph.D. Child Health Psychology: Pediatric Pain Disorders. VA/MHCS/University of Maryland School of Medicine Psychology Internship Consortium Seminar. Baltimore, MD.

**Arora, P. G.** (November, 2013). Guest lecturer for Nancy Lever, Ph.D. Graduate Student and Postdoctoral Fellow Funding. VA/MHCS/University of Maryland School of Medicine Psychology Internship Consortium Seminar. Baltimore, MD.

**Arora, P.** (November, 2012). Guest lecturer for Dara Friedman-Wheeler, Ph.D. Childhood Psychological Disorders. Psychological Distress and Disorders, Goucher College, Baltimore, MD.

**Arora, P. G.** (March, 2011). Guest lecturer for Cindy Carlson, Ph.D. Solution-Focused Therapy. Graduate Psychology Education Program Grant Seminar, Seton Shoal Creek, Austin, TX.

**Arora, P. G.** (November, 2010). Guest lecturer for Kevin Stark, Ph.D. Behavioral Techniques: Exposures and Relaxation Training. Cognitive Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

**Arora, P.** (September, 2010). Guest lecturer for Kevin Stark, Ph.D. Cognitive Case Conceptualization: Case Examples. Cognitive Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

**Arora, P. G. & Marroquin, Y.** (July, 2010). Guest lecturer for Jane Gray, Ph.D. Treatment of Obesity. Evidenced-based Interventions seminar for the Texas Child Study Center, Austin, TX.

**Arora, P. G.** (March, 2010). Guest lecturer for Jane Gray, Ph.D. Ethnic Identity Development. Professional Issues, Law, and Ethics Seminar for the Texas Child Study Center, Austin, TX.

**Arora, P. G.** (February, 2010). Guest lecturer for Kevin D. Stark, Ph.D. Evidenced-based treatment of trichotillomania. Cognitive-Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

**Arora, P. G.** (November, 2009). Guest lecturer for Kevin D. Stark, Ph.D. Cognitive Conceptualizations. Cognitive-Behavioral Assessment and Intervention course at the University of Texas at Austin, Austin, TX.

**Arora, P. G.** (August, 2009). Guest lecturer for Cindy Carlson, Ph.D. Identity Development. Child and Adolescent Social and Cognitive Development course at the University of Texas at Austin, Austin, TX.

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## **CLINICAL EXPERIENCE**

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**University of Maryland, School of Medicine** 1/2013-7/2015

**Behavioral Health Integration in Pediatric Primary Care**

*Supervisor:* Sharon Stephan, Ph.D.

*Responsibilities:* Engage in consultation related to mental health integration in pediatric primary care to primary care providers (including family practice physicians, pediatricians, nurse practitioners, and nurses) in primary care clinics and schools in Maryland. Develop consultation manuals to outline procedures for consultation. Engage in supervision and clinical case consultation.

**University of Maryland Baltimore** 8/2012-8/2014

**School Mental Health Program**

*Supervisor:* Sharon Stephan, PhD.

*Responsibilities:* Lead various evidence-based prevention and intervention groups; provide teacher consultation, school counselor training, crisis management services and individual treatment in an urban, underserved elementary and middle school in Baltimore, MD (School: Arundel Elementary/Middle School).

**The Children's Hospital of Philadelphia** 6/2011-7/2012

**Predoctoral Clinical Internship**

*Training Director:* Paul Robins, Ph.D.; *Advisor:* Stephen Soffer, Ph.D.

**Primary Care Initiative**

*Supervisor:* Paul Robins, Ph.D.

*Responsibilities:* Provide psychological consultation for underserved families referred by pediatricians for developmental and behavioral health concerns; train pediatrician residents in behavioral health screening and referral procedures.

**Community-Based Intervention/Prevention**

*Supervisor:* Stephen Leff, Ph.D.

*Responsibilities:* Conduct group-based cognitive behavioral manualized treatment designed to assist in prevention of aggression and bullying in community and school setting as part of an NIMH-funded study.

**Children and Public Policy**

*Supervisor:* Judith Silver, Ph.D.

*Responsibilities:* Engage in program and policy development with policy group to address access to mental health treatment in underserved schools and communities.

**Sleep Disorders Clinic**

*Supervisors:* Jodi Mindell, Ph.D., Melissa Moore, Ph.D.

*Responsibilities:* Assess and provide brief interventions for infants, children, and adolescents presenting with sleep difficulties as part of a multidisciplinary team; provide consultation to medical team; prepare evaluation reports.

**ADHD Assessment Service**

*Supervisor:* Stephen Soffer, Ph.D.

*Responsibilities:* Conduct evaluations for youth with behavioral, emotional, or learning concerns; write comprehensive reports; deliver feedback.

**Oncology Assessment**

*Supervisor:* Melissa Alderfer, Ph.D.

*Responsibilities:* Conduct neuropsychological evaluations for oncology patients currently undergoing treatment or long-term survivors who are experiencing cognitive late effects.

**Amplified Musculoskeletal Pain Syndrome (AMPS) Treatment Program**

*Supervisor:* Jennifer Sherker, Psy.D.

*Responsibilities:* Provide individual, group, and family intervention to child and adolescent patients with chronic pain conditions as a member of a multidisciplinary team.

**Texas Child Study Center****CBT Practicum and Advanced Practicum**

8/2008-5/2011

*Supervisor:* Kevin Stark, Ph.D., Jane S. Gray, Ph.D.,

*Responsibilities:* Conducted individual therapy, parent training, and family therapy; provided consultation and liaison services at children's hospital (Dell Children's Medical Center); provided consultation services at schools attended by clients; designed individualized treatment plans for clients based on ongoing case conceptualizations; monitored clients' progress; collaborated with psychiatrists; attended weekly seminars on advanced CBT and pediatric psychology.

**Psychological Assessment Advanced Practicum**

1/2009-5/2011

*Supervisor:* Ann Levine, Psy.D., Emily S. Greenspahn, Ph.D.,

*Responsibilities:* Conducted comprehensive assessments, including neuropsychological, personality, behavioral, and educational evaluations with children and adolescents; wrote comprehensive reports; delivered feedback.

**Family Assessment and Intervention Practicum**

1/2009-1/2010

*Supervisor:* Cindy Carlson, Ph.D.

*Responsibilities:* Conducted family therapy using structural and solution-focused family therapy approaches; supervision conducted with live supervision from supervisor behind a one-way mirror and via videotape review.

**Austin State Hospital, Child and Adolescent Psychiatric Services** 8/2009-7/2010**Interpersonal Intervention Practicum and Advanced Practicum**

*Supervisor:* Deborah Tharinger, Ph.D., Elizabeth Minne, Ph.D.

*Responsibilities:* Provided individual therapy to acute psychiatric inpatients; co-facilitated process and cognitive-behavioral therapy groups with adolescents and children; provided milieu therapy on child and adolescent inpatient units; conducted full psychological evaluations with new patients; consulted with hospital staff.

**Family Assessment and Intervention Advanced Practicum** 1/2009-1/2010

*Supervisor:* Cindy Carlson, Ph.D., Elizabeth Minne, Ph.D.

*Responsibilities:* Co-facilitated family therapy sessions using a solution-focused family therapy to prepare patients and families for discharge.

**Dell Children's Medical Center**

**Neuropsychological Assessment and Intervention Practicum** 1/2009-5/2009

*Supervisor:* Greg Allen, Ph.D.

*Responsibilities:* Conducted comprehensive neuropsychological assessments; wrote comprehensive reports; delivered feedback.

**Del Valle Independent School District**

**School/Family Consultation and Intervention Practicum** 1/2008-6/2008

*Supervisor:* Janay Sander, Ph.D., Lisa Lasiter, Ph.D.

*Responsibilities:* Provided consultation to teachers and parents; conducted psychoeducational and social/emotional evaluations for special education services; wrote comprehensive reports; delivered feedback.

**Social-Emotional Assessment Practicum**

8/2007-12/2007

*Supervisor:* Deborah Tharinger, Ph.D., Timothy Z. Keith, Ph.D.

*Responsibilities:* Conducted comprehensive psychoeducational, behavioral, and social-emotional assessments; wrote comprehensive reports; delivered feedback.

**University-Based Clinic**

**Academic Assessment and Intervention Practicum**

1/2007-5/2007

*Supervisor:* Janay Sander, Ph.D.

*Responsibilities:* Conducted comprehensive psychoeducational assessments; wrote comprehensive reports; delivered feedback.

**Individual Intelligence Testing Practicum**

8/2006-12/2006

*Supervisor:* Timothy Keith, Ph.D.

*Responsibilities:* Administered intelligence measures to assess children and adolescents; wrote assessment reports.

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**PROFESSIONAL SERVICE**

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**EDITORIAL/REVIEW ACTIVITIES**

- 2018 Guest Editor, Special Issue of *School Mental Health*
- 2017 Guest Editor, Special Issue of *International Journal of School and Educational Psychology*
- 2016 Guest Editor, Special Issue of *Advances in School Mental Health Promotion*
- 2008-2010 Editor, *Intersections Women's and Gender Studies in Review Across Disciplines*, The University of Texas at Austin

**Editorial Boards**

- *School Mental Health* (2019 – present)

- *International Journal of School & Educational Psychology* (2019 – present)
- *Asian American Journal of Psychology* (2018 – present)
- *Psychology in the Schools* (2016 - present)

#### **Ad Hoc Reviewer**

- *Administration and Policy in Mental Health and Mental Health Services*
- *Advances for School Mental Promotion*
- *Behavioral Sleep Medicine*
- *Canadian Psychology*
- *Contemporary School Psychology*
- *Health Expectations*
- *Journal of Mental Health*
- *Journal of Pediatric Psychology*
- *Progress in Community Health Partnerships*
- *Psychological Services*
- *Journal of School Health*
- *School Psychology Review*
- *Stigma and Health*
- *Translational Issues in Psychological Science*
- *Youth and Society*

#### **NATIONAL LEADERSHIP & SERVICE**

##### **National**

- APA Division 16, Vice President-Social and Ethical Responsibility and Ethnic Minority Affairs 2019-2021
- APA Division 16, Secretary 2016-2018
- Past Chair Early Career Psychologists Work Group, Division 16 APA, 2016 - 2017
- Planning Committee, School Psychology Research Collaboration Conference 2017, 2015-2017
- Member, Translation of Science to Practice Working Group, Division 16 APA, 2015-2016
- Member, APA Board of Educational Affairs, Health Service Providers Integration of Science and Practice Task Force, 2015-2016
- Chair, Evidence-Based Assessment Subcommittee, Quality and Evidence-based Practice Workgroup, National Community of Practice on School Behavioral Health, 2014 - present
- Chair, Early Career Psychologists Work Group, Division 16 APA, 2013 - 2015
- Paul E. Henkin Travel Scholarship Selection Committee, Division 16 American Psychology Association, 2013, 2014
- Mentor, Diversity Mentorship Program, Division 16 American Psychological Association, 2012-2014
- Member, Quality and Evidence-based Practice Workgroup, National Community of Practice on School Behavioral Health, 2012-2014
- Graduate Student Mentor, Graduate Mentorship Program, Division 53 American Psychological Association, 2011-2013
- Elected Fellow Representative, Leadership Education in Neurodevelopmental and Related Disabilities, 2011-2012
- Committee Representative, Multicultural Development Committee, Department of Educational Psychology, The University of Texas at Austin, 2010-2011
- Elected Student Representative, School Psychology Program, 2010- 2011

**Institutional/Local**

- New York City, School Psychology Consortium Meeting, 2014-present
- Pace University, Department of Psychology, Graduate Student Psychology Association, Faculty Advisor, 2014-2018
- Pace University, Department of Psychology, Social Justice Group, 2015-2018
- Pace University, Department of Psychology, Diversity Committee, 2014-2018
- Pace University, Department of Psychology, Doctoral Program, Comprehensive Exams Committee, 2014-2018
- Pace University, Department of Psychology, Doctoral Program, Clinical Committee, 2014-2018
- Pace University, Department of Psychology, Doctoral Program, Admissions Committee, 2014-2018
- Pace University, Department of Psychology, Doctoral Program, Program Committee, 2014-2018
- VAMHCS/University of Maryland Psychology Internship Consortium, Training Committee 2013-2014
- University of Maryland, School of Medicine, Chair, Writers Task Force, 2012-2014

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**PROFESSIONAL AFFILIATIONS**

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- American Psychological Association, Division 52, 2014-present
- American Psychological Association, Division 37, 2014-present
- International School Psychology Association, 2014-present
- American Psychological Association, Division 16, 2012-present
- National Association of School Psychologists, 2010-present
- American Psychological Association, 2006-present

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**LANGUAGES**

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- French (fluent)
- Hindi (basic)

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**ADDITIONAL TRAINING**

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- Advanced Training Institute, Research Methods with Diverse Racial and Ethnic Groups, American Psychological Association, June 2014.
- Scientific Leadership and Professional Development Series for Basic Science and Translational Researchers, Research Career Development Program, University of Maryland, School of Medicine 2013-2-14.
- Community Engagement Core of the Johns Hopkins University, Institute for Clinical and Translational Research training series, 2013-2014.
- Qualitative and Mixed Methods Workshop. Conducted by Dr. Fran Barg, Ph.D., January 2012.
- Attachment-Based Family Therapy. Conducted by Guy Diamond, Ph.D., October 2011.
- Motivational Interviewing. Conducted by Cathy Cole, LCSW, December 2009.
- Trauma-Focused CBT. Web-based learning course from Medical University of South Carolina, March 2008.

**REFERENCES**

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**Kevin D. Stark, Ph.D., Professor**  
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