

OUR EVERYDAY ROUTINE



BEFORE LUNCH

Let's look at the menu for today (read it out loud).
Try to eat a (choose a themed food item) today!



AFTER LUNCH

Who ate the food item today?
What did you think?

PICK A THEME

Grain Day

Color Day



Plant Part Day



Taste Test Day

Protein Day

Food Waste Day



My Tray Day

LET'S TALLY / GRAPH

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Place monthly school lunch menu here.